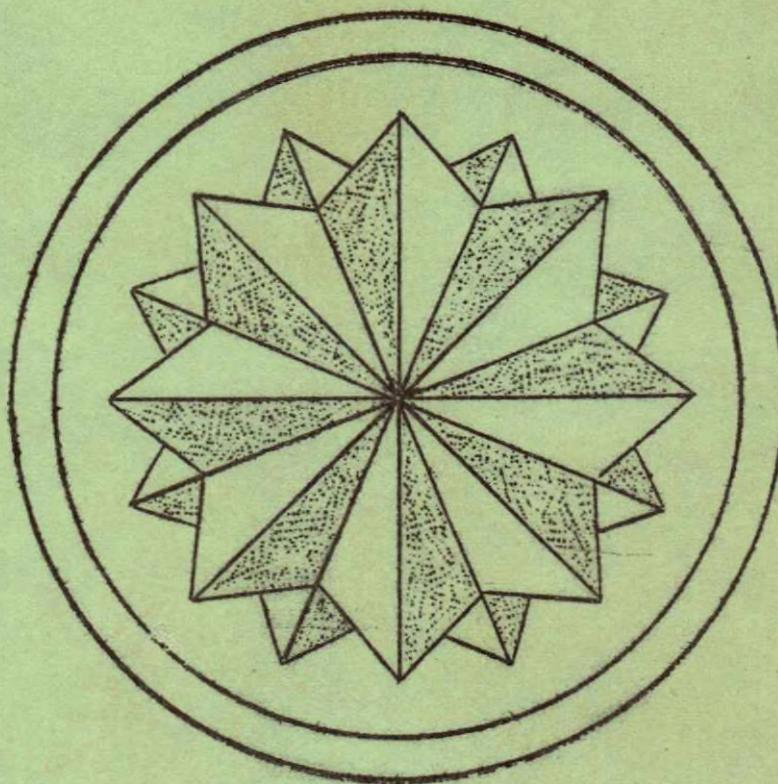


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CONTROL: YADA DE SHI'ITE (First speaking in the ancient language of Yu, then changing to English)

"It is better English, yes? Man is forever building walls to climb over, language being one of these. Then he is wondering why his life is such a quandry, such chaos. With all your opportunities today in your advanced culture to know by free study, by free examination, there is still a vast amount of ignorance about that which is called survival. You are living, I know, in a mechanical age, an age where machinery outdoes man. If you cannot measure it--it does not exist. But you are coming along. You will learn in time.

"It may seem strange--what you call odd--that I, called Yada di Shi'ite comes and speaks to you and makes claim that I am a discarnate being. So with the study of discarnate beings is something called para-psychology; 'para' meaning beyond and above norm conditions. But how are you going to study something which is beyond and above norm conditions? I want to tell you a little bit, please, about how I operate this body. But before I do, I think it advisable to make this statement: In the study to discover whether or not you survive, you must first try to find out what it is that survives. There is something that is called Spirit, Soul, Mind, Psyche.....just words! I come and I say, 'I am Yada di Shi'ite.' Who or what is Yada di Shi'ite? May I assume that I am a consciousness--a consciousness apart from the one that operates this man's physical structure? But how am I going to make you know that you survive--that the thing called You survives--when I, myself, do not know what--not who, who is not important at all--but what I am? Mind, that which is called Mind, what is it? What is its nature? Your psychologists and psychiatrists have been prying into that which is called the mind to find out what makes it work. They have talked at great length about that which is called the personality. "Well, will one of you say that there is such a homogeneous quantity called a Personality? Will you? I will say no. There is no such thing as a Personality. A personality consists of a conglomeration of personalities. Not only the personalities of what is called peoples, but of things--things that the personalities, so-called, contact when they come into this hypnotic state called the material-chemical world. For this is a hypnotic state. That is why it is so difficult to ever find out who you are. For you will first have to come out of this hypnotic state; and this is a slow process that has to be worked on through the study of so-called spirit return or death.

"In my language there is no such word as death. But this study is a science and not a religion. It is not an ism. I come and make the statement that I come from a civilization existing 500,000 years ago. It is something like a tremendous time--half a million years! And your anthropologists and archeologists, they are looking at me--what is the matter with this man, eh? Half a million years ago and he talks about

a great civilization which he comes from!

"But, friends, man has been on this earth of yours, creating great highly advanced civilizations for half a billion years! Not millions--billions! Your scientists will find this out in due course of time.

"In the meanwhile, let us who are sincerely seeking, set all prejudices aside. Let us set aside all of our orthodox teachings that say to us, 'Taboo! Taboo! Do not go there! Do not study here. Do not look here...only right here.' If you, or one of you have made study into what is called spirit, life after death, and you, at the end of much study, find that it is not so--alright. There may be others who, taking another path of study, find it is so. Because they do not accept your path, does not mean they are wrong. If we would only concede this with one another, then we could all get together and study life with no arguments. For, if a law exists, it exists whether you argue from now until another 500,000 years. You are not going to cancel out the law by getting angry with one another. You are not going to prove anything. For all of man's talking and thinking is opinions...opinions.

"Your scientists--your material scientists, your physicists--at the end of their lifetime, their studies have left them with a handful of figures--symbols--mathematical symbols. This is rather empty, is it not? How would you like to come to the end of your life and have only a handful of mathematical symbols? But yet, can you go any further than this? For man himself, the individual as well as en masse, is but a cosmic symbol. He cannot be reduced to less.

"In your study of physics, your scientists have taken matter and pulled it apart until now they can reach no more to pull. And so, some of them have come to the conclusion that perhaps there is no more, because they can neither sense it through the body nor can they find it on their delicate instruments. So it does not exist, eh? I think, though, that your higher scientists, those of a more persistent mind, will not draw such conclusions. Perhaps, in time, they shall be able to develop other methods, other means, other instruments to reach deeper into the field of what?--matter? I like to say, consciousness. For that which is beyond your present instruments lies in other dimensions, or in the other frequencies of time. But what is time? Again I refer it back to the word consciousness.

"A bit of this consciousness becomes centered in a form, and then in time to peek out through little slits at this out here. And it dares to say it knows what it is looking at! Oh, no. It is but a very dim view, very vague. This body is the most remarkable of scientific instruments. It is a measuring-rod, and each one of us measures according to the delicate balance of the nervous system. Not one of you in this room that may be sensitive enough to see me, though I stand back of this man's body. And I concentrate all that I am going to say upon the brain cells and what is called the motions of the mouth and tongue and throat to speak. I do not get into his body. But, to go back! One of you,

sensitive enough, may see me. But it may not be advisable for you to say so, because those who cannot see me will look at you askance. "What did you say you saw? Perhaps we had better take you away. That which I do not see, you do not see. You are crazy. If you do not act as I act, you are schizophrenic--or paranoiac--you are dementia-praecox. But I am sane!" It is like the religionist, the devout religionist who says, 'I am going to heaven, and you, my brother, are going to Hell.'

"And so man struggles on through this little piece of existence he calls consciousness. Your psychologists talk of what is called the unconscious, the superconscious, the subconscious, and then they finally arrive at the conscious, not knowing that the greater masses of man are not conscious. Because one has their eyes open does not say that they are conscious. No! No! No! There are many, many people with their eyes open and they are certainly anything but conscious. My friends, if they were, do you think you could be carrying on the daily slaughter in your streets with your vehicles? That is only one. Your wars--slaughtering the best of your age. Is this living consciously? Your mental institutions are packed to capacity; your penal institutions the same, and your hospitals for those ill of body. And you are looking for sanity? You want conscious living? You build vast, expensive temples to worship your God in, and the people that should go, God's children, are living like pigs. Oh, I know--religion is a very touchy subject. Be careful. Do not speak out loud about it. Politics--be careful how you speak about politics. It is a very touchy subject. Sex--do not speak about it. Look at your papers--what you call your magazines. Look at the covers of these, how you advertise sex. A man here writes something. Kinsey! This man tried to bring out a thought. He was not saying anything new--but what has upset the authorities, the orthodox mind, is that he was exposing them to one another. We do not like to be exposed. Man knows all about himself, he does not need someone to tell his neighbor what he is doing. And you call yourselves living in a Christian world! No! You have never been taught Christianity. You have been taught church-ianity. Anyone want to oppose me, please?

"Your Christian Bible says, "Go not to the dead, for the dead know nothing." This is true. But this was not written about discarnate beings. This was written about the sleepers, the unconscious walking around with their eyes open, the alleged authorities. We live by only one authority, and you, the individual, are it. And if you do not take authority into your own hands, you shall make a better slave by those who are seeking to enslave you by keeping you ignorant.

"Here, in your country, you are free. You have a great power to move. How many take advantage of it? Every four years you are having war between two factions calling themselves Democrats and Republicans. They are dragging out into the open, these two men they are going to use, and scandalizing them, calling them rapists, arsonists, murderers and I do not know what else. And when it is all over and one of them lives thru it long enough to get into the office, everybody shakes hands,

everybody feels happy. But the party that did not get their man in, they sit on the sidelines and continue another four years of scandalous and scurrilous remarks about those who are in, instead of joining together and working together for the benefit of all.

"Do you not think it odd that I who am free from your physical-chemical annoyances, should have a will to come back and enter into the struggle? There are what is called helpers--both in the body and out, for the benefit of man at large. We come not to enter into arguments. We come not to excite or incite to violent action, for there is nothing to be gained by violence but more violence. We come to discuss ways and means of thinking and living so that we, man, shall be more comfortable during the time that we are existing in the physical world. And that is all. We do not care what you believe, but we are deeply interested in how you have come to believe it. By your own studies? Then we are very happy. But if you are going to and are taking others for the authority without studying or seeking yourself, we are very interested, but we endeavor to stop you from that kind of thing; to work you out of that--to make you realize that you are the responsible one. This world is your dream. It is not a mass dream, although man suffers that illusion. It is the individual dream. Nothing at all exists out there except here (indicating his forehead.) The consciousness seeking experience in the physical-chemical world--it's mechanism is by projection--projecting its thoughts. Now I have the desire at this moment to stop talking and have you talk at me, eh?

QUESTION: (DHS) I understand, during your life on this earth, you were a priest in a temple. I would like to know what or whom you and your people worshipped.

YADA: "We were what is called sun-worshippers. Now immediately, these words will bring into mind the heathens, the idol-worshippers, the superstitious, the ignorant. Worship a sun? Come down into our age and worship our God. My friends, we did not worship the sun as God; we worshipped the sun as Wisdom--as Light--the light of Wisdom. We used it as a symbol. Your present Christian religion had it's being, it's birth, in sun-worshipping. The story of Christ is very much different from what you have been taught in your temples. This man called Jesus, acting as the Sun God--his twelve followers, apostles, disciples, or whatever you like to call them, act as the twelve signs of the zodiac.

"Now I am not going to talk astrology to you, for the bodies up here do nothing to you more than your blindness permits them to do. If you think that the sun or moon or any other planetary body influences you to do this or that, this is very good, very fine. And you will move according to your beliefs. But I would prefer that you remember it is only so when you are not awake. When you become consciously aware and stand in your own being, you are the master. There is no other. You are the Christ, the Christness, the Christos, the Christian, Krishna and others of those called by similar titles.

"We used the word 'Ka' (?) meaning a God, but not God, an invisible

nothingness dwelling up there in some distant place--but right here; (indicating forehead) and here (indicating midriff). In my language, AH-Sun-A (?) In our praying, we found our prayers were answered and not answered. Prayers are answered according to the way you think they should be answered. If they are answered differently, although it may be for your own benefit, your own good, you will say, 'My prayers were not answered.' Many people come back out of battles, saying, 'I was saved because I prayed to God to protect me.' Very beautiful. Yet there were undoubtedly millions of people who were praying to be saved but were not. In this last war you have had many thousands and thousands of people who have been tortured and burned in your concentration camps and other places. A few of these survived and said, 'It was because I prayed to God.' The others prayed to God, too, and were not saved. Where was God then? Was he deaf to them? Or was this one and that one his chosen people? Will one of you answer me this? You made much to do over what you call the soldiers in battle saying there was never a heathen in battle, or a disbeliever in what you call God. When you refer to God, you speak of the church God. If you believe this church God can do you good, He will do good. If you believe He cannot, He will not. If you take a rock and you worship it and you bow down to the rock and you pray to the rock and you concentrate on the possibilities of it helping you, the rock will help you, because the rock, like God, is here (indicating forehead)--is consciousness--is mind.

"Do not permit me to sit here and talk this way if you feel opposition in you. Give me argument, for that is what I sharpen my mind on."

QUESTION: (Mrs. K.) "Getting back to the previous question about your religion--did you have ceremonies--did you build temples? Tell us more about how and what you worshipped."

YADA: "In my city where I became Ka-Ta (?) (Ka-Ta meaning god-man) in the city called Kiote (?), meaning City of Temples--there were 33 of these. Every four years, the Yada or heads of the temples would send out into the city to mothers there of new-born babies to find out this year how many babies. And then when those children have reached their weaning period and have come out of this, the Ka-Tas sought to find one or two at the most to take into the temples, to teach to become Ka-Tas, and eventually Yadas. Now there were certain mystical rituals that these little babies were put through for the Yadas to discover whether or not they were the proper ones to become priests.

"They would sit these little ones down in the center of a room, and a group would gather around them, the Yadas and the Ka-Tas, and mantrams would be made--the chanting of mystical words. Does this sound superstitious to you? I am certain it does, in your modern times. In the use of these words, and the use of concentration on this little baby, in not too long a time, the baby would rise up, and keeping its own balance, would speak out, would talk of its former existence--it's former experiences in a physical-chemical world. And certain things it would say would give the Ka-Tas and the Yadas to know that this was the one who should be given its start in the temples.

"But was the training in the temples only worship? No, it was the lifelong study of Man--the power of concentration--the use of the mind and the body to control the chemical action in the body. Meditation was practiced. The art of mystical breathing was practiced, so that conscious discernment of what was going on around the individual was made a practice; and the individual would come to know that he must live consciously and must be aware continually of his every act, because it was known that the forces of mind could create not only thought-forms through its desires to do so, which could cause that individual to lose consciousness of his own being; so that he could later say, 'I did not know I did this--did I do that?' and look at you in surprise. That is what is going on in your own world today, because so very few people are acting and living consciously. They commit some kind of an unbalance, and then they say, 'I did not know that I did it,' because they have not been trained to live consciously, and to accept the responsibility for their own acts. Instead of that, you have created a man called Jesus to put all your burdens on his shoulders. You do that with one another.

"It was also taught how to control the force of drugs in the system. All of those so that the individual would know that he was the Power. In the mornings, there was a prayer, but not lip prayer. Lip prayer came later, and was said as a mantram--the intonement of words. The intonement was used as a special purpose--not to beg a god for something, but to bring it into being by sound. The law of sound. Every form has its own harmonic, its own vibration. Everything is hung together by what you call today, a magnetic field. Could you reach the proper tone, you could destroy that thing.

"Today in your government, they have created an instrument of vast destruction--more so than the atom bomb or more so than what you call the hydrogen bomb, and you would not know what struck you or what struck your city. It would lay the city flat. I think today you call it supersonic instrument. Unheard sound that would break up the blood vessels in your body--cause you to bleed internally to death--drive you out of your mind--and you would never know what it was. This earth and your whole universe and all the bodies therein--the original force can be called sound that formed all of these bodies. Your scientists have been battling back and forth as to whether or not your sun was at one time a vast body and threw part of itself from time to time out into space and these parts became planets. It is not so."

QUESTION: (J.J.) "When you speak of sound in the sense of being all frequencies--we ordinarily think of sound as only those frequencies which we can hear. But when you speak of supersonics, you are talking of those sounds which are just slightly beyond our ability to hear. Do you say that all sound is capable of the things you say it is, or do you refer to sound which is far in excess of what we normally refer to as sound? You are going actually into the field of what we term radio and light frequencies."

YADA: "That is exactly my true meaning, sir. I think that it will be

discovered in your time, the mystical forces of what I have called sound.

QUESTION: (J. J.) "In a previous meeting, you used mystical sound for minor healing purposes. Is that what you refer to when you speak of mystical sound?"

YADA: "No. I am speaking of much, much higher frequencies. When I use intonement and call it mystical sound, I am only referring back to the consciousness and what the use of words will do on the consciousness of a suggestive power."

QUESTION: (J.J.) "When you say suggestive, is it sufficient and acceptable when one does not understand the meaning of the mysticism and its purpose for which the sound is intended?"

YADA: "Yes, because while the intonements are not understood, the individual feels that something is being done for his difficulty. Now, my friends, there is no ailment which takes place in the physical structure that does not begin first in the consciousness, in the mind. There is no unconscious or subconscious or superconscious--there is only consciousness, and these seeming variations we like to call states of awareness or degrees of awareness, and that is all. One going into a sleep is not living or acting in his subconscious or unconscious--he has merely shifted his state of awareness and that is all."

QUESTION: (R. H.) "You say we created a man called Jesus. Do you mean that the man Jesus did not exist?"

YADA: "Oh, No. The man Jesus existed by necessity created by the Hebrew peoples. The Hebrew peoples in those times did not have an avatar, or a savior, although I do not like that expression, a saviour. The story that this man Jesus represents, is the story of an initiation that took place in Greece, and the one that was to suffer the initiation became known as the anointed one and was given the name Esus. This man originally came, or had his last physical birth in the physical world in India over one hundred years before anything was written or thought of concerning the man Jesus."

"The story of being put upon the cross, is the story of initiation. Now, let me for a moment labor the point longer. If it is disturbing or boring to anyone of you, will you say so and I will change it to anything you want to talk about to the best of my small ability. I do not want you to accept what I am saying and take it at its face value. I make these words;; you listen, and then you go out and you look in many directions, for I am not your authority. I cannot live your life for you. You are a free agent.

"But to go back: This man we were speaking of; we will agree for the moment and will say for convenience's sake that he was put upon the cross--that he was murdered by the rabble. What will it gain you? In what way could his death bring you freedom? And what would you be saved from? Yourself? No. And that is the only thing one can be saved from

if they are looking to be saved. Please, my friends, deny me. You object, if you feel what I am saying is possibly wrong. This man Esus was taken into the secret chambers of Greece and suffered this initiation, not on this cross. This cross originated in sex-worship. Now this sounds perhaps to some of you, evil. But what is sex? It is the universal substance out of which all is built. It is the divine substance, building your individual bodies, as well as all the vast bodies in what you call space and time. It is called Kundalini. This cosmic substance is centered in the base of your spine. In your Christian Bible, you are having what is called Garden of Eden, man called Adam, woman called Eve--and the snake; the snake, because neither Adam nor Eve wanted to take the blame for doing exactly what they were told to do by this God--to live and replenish the earth. But Adam...Have you not heard people say, 'I did not know him from Adam?' I did not even know Adam! Adam is ATMAN and means first man to become conscious of himself as a three-dimensional form. Before that time he was not in that state of hypnosis. He was freer therefore; his consciousness was greatly expanded and he did not suffer as you suffer now."

QUESTION: (H.R.) "Why was man put in a lower state of consciousness?"

YADA: "He was not put in it. He put himself in it because he is The Creator."

QUESTION: (H.R.) "Well, what did he do to go into the lower state of consciousness?"

YADA: "In creating a new frequency, he came to live in it, and the only way he could live in it was to become one with it. And in doing so, he lost his conscious awareness of his own divinity and he is now seeking to find it again."

"There have been many crucified saviours. I think if you would look into your records, and I believe you still have records for the public to see if they wish to, you would find information concerning many other crucified saviours."

"The story of the mystical birth does not mean that this man was born of a virgin woman--that the virginity was of a physical nature; but that he was born of great wisdom, pure mind, pure understanding of life. And at that time a branch of the White Brotherhood called the Essenes knew of his now returning to the physical world, and knew that it would be his last physical incarnation on the earth. And so they sent some of the brothers of this order, the Essenes, to find him and bring him to the schools; to take him to different parts of the world to further his awareness of his own power. For as a child he was doing strange things with his power, some of them out of balance with life. He did not know how to handle them. It is like a child genius--what you call music, oh? This child is taken by music schools and taught how to use his knowledge. But your priestcraft want to turn this other thing into some kind of--I do not know what--to confuse and enslave you

in emotions. Life does not hold for emotions. We can learn nothing through emotions. We must approach life consciously, calmly, with a will to learn, and realizing there is nothing to fear, for we are the masters. Unless we accept this consciously, we are going to come against things that are going to be very disturbing to our emotional system. We shall become fearful. That is why I have said, when many people have said to me, 'How am I going to understand life better--to get to the higher understanding, the higher realms?'--the first thing for one to learn is emotional control.

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The Yada di Shi'ite

CONTROL: PROFESSOR ALFRED LUNTZ, who introduces himself and greets the gathering:

"I regret that my honored colleague, Yada di Shi'Ite talked so much that he has left me little to say. It has placed me in a rather embarrassing situation. So I would like to ask one of you to help me out. Have you something to say? No?

"Well now, my friends, there are several topics or subjects of controversy that we may get into. If you do not have one at the moment, I should like to talk a bit about the so-called after death state, and what you may expect. May I do that? I think it should be of interest to you, because you all, sooner or later, are going to be coming my way. I do not suppose that is a very happy thought, eh? But yet, there are so many other things that are considerably more uncomfortable to talk about.

"Death is a nasty word. It should be stricken from your English language. This is my thought on the matter. Each and every one of us is going to have a different experience on leaving the physical structure. And that experience will be concerned with our own personal life. Sometimes there are others in my world who will be there to meet you, but this is not always true. Many pass over with no one to greet them. Now this is not a sorry state. This is the proper state for such individuals as myself, for instance. It is the best thing. Being alone gave me the chance to think, which, in spite of the fact that I was a man of the cloth, I did little of, when I was in the physical body. I occupied my mind in my earth years with teaching of God and the soul and the devil -- mostly the devil -- and such things. I was, in other words, like all clergymen apparently are, the mouth-piece for God. We are the salesmen, and as a salesman, I expected a bit of a bonus when I came over here from my bosses. But they weren't there to greet me. Neither the Master of the place whom I had talked of considerably, you know, nor the Greater Boss. So, naturally, I found myself peeking over my shoulder from time to time, looking for the old boy in the red suit. I was indeed happy to find he was not there, either. This gave me a little more time to concentrate upon myself and my position.

"The beautiful part of it all is that you find yourself conscious, awake. There may be a period of seeming nothingness, or there may not be. One may pass from the physical structure into spirit without any break. I was one that did so. I simply found myself standing in my room looking at my wife, my two daughters, and at my doctor and life-time friend. Now, this didn't seem very much like heaven to me. So for a little time, I was greatly concerned as to what the nature of my condition really was. I certainly couldn't believe that I was dead. I was very much alive and felt much better than when I was in that worn-out overcoat that I had left upon the bed. It looked rather moth-eaten, I'd say. Yet I kept saying to myself, 'I certainly can't be dead; if I were, I'd be in Heaven. I earned it!' So I thought I was dreaming. And I tried in this state of belief that I was dreaming, to touch my wife and my daughters and my friend. I tried calling to them because I could see them. They were standing there weeping. And first I would look at my body on the bed and then I would look at them

standing there with sorrow on their faces, sobbing, and really, I wondered if I was worth that much. But you know, I couldn't get to them in any way at all. Couldn't reach them.

So after a time I gave it up and walked out of the house and walked all over London. The streets were teeming with people--traffic as before. I found myself jumping out of the way of many people. After a time, I ceased to jump, and noticed that they could pass right on through me. I wasn't there--and yet I was there.

"What a dilemma!" continued Professor Alfred Luntz. "I wandered about in this manner for a considerable time with no one to talk to, and no one to talk to me. I suppose if I had been of less orthodox mind, I would have at least attempted to contact one of the endless number of mediums in town. But then, I knew better than to do that, because I had taught that those who attempted to communicate with the dead were not communicating with the dead at all, but with evil spirits, and I didn't want to be an evil spirit. But after a time, one did come to me and took me out of my stupor and helped me to get a very liberal education about life.

"Now, some individuals do not get this sort of education. They are permitted to come into the astral world and are greeted by certain friends or relatives as the case may be, and are taken to certain places that these friends and relatives have created for them -- for their benefit; even creating Heaven -- creating all the conditions where one will act as a God and another acts as the Master, the Christ, and they come in glowing robes to greet them. Which is as it should be, as there are many who come like children, lost in their beliefs of Heaven and what it means. And God.

"Nature does not deny any of us that which is right for us. In the years that I have had the pleasure and the honor to use this man's body to converse with people on earth. I have been asked many times, "But what about the suicide? What is his lot?"

"It depends entirely upon his attitude toward taking his own life. What led him to it? What series of thoughts led him to taking his own life? If it was for greed, for lust, for possession, then all the things that he lusted after will hold him in the place where he sought them; and he shall commit suicide over and over again--time after time. He will go through a period of living as he did on the earth plane, going through many of the identical experiences he suffered on the earth plane up to the time that he was going to take his own life, and then he would take it again, or go through that act. It doesn't sound like a very pretty picture, eh? And yet, my friends, that is precisely what happened.

"Now if one commits suicide over the loss of one he claims to love, that desire, that love will hold him bound to that one until either that one passes into the astral world, or until he himself awakens out of his stupor -- the stupor of wrong belief in what is the truth concerning love. Love means understanding, and there is only one to understand, and that is ourselves. When we come to understand ourselves correctly, then we shan't turn our love into possession, the will to hold. We shall find that love means freedom -- the opened hand and not the closed one.

"In this way" continued Prof. Luntz, "we shall not haunt another. We shall be free, and when it is time for this loved one to come and join us, if it is proper, if it is fitting that they should, due to their experiences while on the earth, then they will join us. If not, then they will go on their own way, learning life as they should learn it, with no one to push them into it or hold them back in any way. Love can be just as much of an obsession as hate; and hate can hold us bound to another in exactly the same measure as can love, if we do not understand these terms properly. We misuse them. Hate can be misused. Hate comes to us only when we do not understand the fullness of life.

"Now, presumably, one has spent some time on the earth, concerning himself with the nature of life -- what is it all about? -- what am I doing here? -- where am I going from here? -- how did I get here? These are the questions which lead us toward seeking ourselves. There is only one escape from the physical world -- an escape that is complete and beautiful and in balance -- and that can be had only when we begin to see through this out here; see it for what it is worth; see it as our own creation; realizing that we are gathering knowledge through our system, and realizing that things are not as they appear to be on the surface. Then we shall escape and rise above it forever, never having to return. We can return, yes. We can return in service to our fellow-men on the earth, or reach to any level of consciousness or plane in service. There are no barriers. We have at last won our high estate from which we, not unthinkingly, fell out.

"If you are a drug-taker or an alcoholic or a sex-fiend, or any of these things, you are going to go through the same thing until you learn. You are going to seek to satisfy yourself with these things. And you shall be able to do it until you wake up. You shall be permitted to do it, because only through doing and doing and doing - only until we become satiated with our will, our lust, shall we at last rise above them and become free.

"For drug or alcohol or any other desire was not the thing that killed us, even though it may seem to have been. It was the emotion that has been pushed down inside, suppressed, hidden deep within. That is what killed us. That is what drives us on to attempt to satisfy the cravings. Now the body can never, never be satisfied. It can only be gratified for the moment. Then we shall find ourselves going back and doing the same things over and over and over again, until we become like a haunted house, haunted by our desires, that are far more fearful than any ghosts.

"If you are of a balanced mind, balanced in your desires, when you come into my world you go on being balanced and attaining greater balance. You will be able to build for yourself the kind of environment that you desire, whatever it may be. But you shall build with love, and the building-blocks of love will turn your surroundings, your environment, into the most divine beauty, and you shall endeavor to entice others, through love, into your being.

"Life, my friends, is not a complicated thing. But we are by those with whom we come in contact in the physical world, that it is complicated; that we can't get this and we can't get that; but we

"can get this and we can get that. If we can get one thing we can get another" said Prof. Luntz, -- "if we truly want it. But if these desires or wants are tainted with selfishness, we shan't get them. And if we do get them, we can't hang onto them, for they do not belong to us by the right of love - and they shall pour out of our hands like sand.

"Many come over here who are alcoholics, but within themselves they are truly beautiful selves. These are taken care of. They are aided; for the teachers, the helpers in my world know in advance their true nature, and they come to them and aid them to see through their condition; what causes it, and to free them from that belief. We make our own hell and we shall carry it with us. And our own Heaven. You have nothing to fear but yourselves. Your desires. And you need not fear these, once you know their natures - what they are. Then you shall be able to control them and use them properly. For nothing is evil in life but what we make it. Not at all, and nothing is good. I AM the good and I AM the evil. Now I would like to have you talk to me, eh?"

Question: (DHS) I should like to pursue the question of suicides. Supposing someone were incurably ill and didn't wish to be a burden to his family and therefore takes his own life? What becomes of him?

"Now, if he is suffering and has been suffering for a considerable period of time, he may come into my world in a sleep state; and when I say a sleep state, I mean being unconscious of himself. That is a truly unconscious state. That one will sleep for a period of time depending upon his nature, but at least until he has washed out all memory of having lived on the physical earth, which automatically washes out his belief in the experience of pain. Now then, when such an individual awakens, he is taken by a teacher or helper who may be one of his former earth relatives, or a friend, and he is re-educated and then later told of his life on the physical plane. Does this look like something to fear? No, I do not think so.

"When you see one of your loved ones passing into my world -- I do not want to say to you, 'Do not weep.' How can I tell you not to do that, oh? For we are beings of emotion, Love, to one living in the physical body, carries the thought of closeness, of touch, of sense, and it is this that we feel the loss of and therefore resort to tears. We can't be weeping because we believe that something terrible is happening to that one, because it isn't.

"Let us presume for one moment that there is no life after death. In that case, I can't imagine what I would be doing here! But let us suppose that. You would still have nothing to fear, because that would mean no consciousness - no awareness - nothing whatsoever. And you can't feel anything without awareness. So, in either case, whether you have consciousness or do not have it, you have nothing to fear. For you will reap that which belongs to you by the right of your experiences; for that is all man is; a grouping of experiences."

Question: (JH) When you passed from this earth into the world you are describing, you spoke of your wife and your family who were present. Since then, have they joined you, or have they been permitted to join you?

"No, sir," replied Professor Luntz. "I visited them just previous to their passing, but after-----no. Indeed, I did not even wait around to greet them, for I knew it would be not in balance with what I had learned. For they are not really my relatives - - the relationship being concerned only with the physical world. They, like myself, are individual units, seeking their own God-head. Could I have added something to that education immediately, then I would have been there. But because I could not --- because I knew they were not prepared for it, I had to permit someone else to go to them to greet them.

"Perhaps, also -- and this is a fact -- I didn't want to lose face, because I had taught that when we pass out of the physical world, we either go to heaven or to hell! So what would I have said to them? My daughters would have said undoubtedly, "Father - why aren't you in heaven?" A very embarrassing question! So you see, I have two sides to me, sir. One, a very human side, and the other not to be called human, but, should I say 'above and beyond' that? I don't want to say that because that would lead you into believing that I am something superior, but I'm not. I am precisely like yourselves, only out of the physical body, and with certain knowledge that I have gained since coming over here. It leaves me a little less warm, shall I say -- according to the way you would understand that word in relationship to the world of bodies.

"The gaining of knowledge causes us to rise beyond certain bounds that others are confined in, and they would not understand us. Take a little child. How are you going to come down from your superior years of experience to explain to that little one certain academic things as well as the spirit of life itself? You can come down, but you shall have to use words that the little one can understand. So you are no longer you; you have become as a child again to that extent.

"You may meet those who have passed before you and those who shall come after you. I would not like to say. Depending upon your state of mind and what you are seeking to know, to awaken in further planes of consciousness. What do you think of that, sir?"

It sounds very logical to me, answered JH.

"From my experience, sir," continued Prof. Luntz, "I know it to be true, but it is not my place to make an assertion or to make a statement of cold fact. I can't do that. This would lead you to believe that there is no other way. And, Heavens! I do not know the whole of mature. Indeed I know only a fraction, and from that fraction I speak my mind."

Do you have any desire to come back in a physical body? asked H.

"In these times-----No! Not at all. Not that the thought is repellant to me, no. It is because I have a conscious awareness of

"what it is like to be in the physical world," continued Prof Luntz. "I do not want to repeat it right away. There is nothing on the earth that I am seeking to know further about, at least not through the physical structure. But you see, my friends, I did a bit of unbalanced work against this man in a former life, and now it is my work to make it up, to help him, because of what I suggested he do or be murdered. There is no effect without a cause; and no cause without creating an effect.

"Perhaps, however, in the course of what you will call time, I may find it necessary to return. I will be perhaps confronted with an experience which will say to me, 'Alfred, you can't learn here what you are now seeking to learn. You must go, let us say, to the earth plane again to know more about this subject.' Perhaps this suggestion may not take hold right away, but if it is within my destiny, whatever that word may truly imply, the thought will come again - the suggestion will come again until I do accept and act upon it and make an effort to return to the physical world. Now if I return, I may enter any race - any race at all; for actually there is no such thing as races of people. There is only one race, and that is the human race. Yes-----if it is necessary I shall return here."

When because of this thing we call death, we leave this plane, are there physical bodies on other planes, and are there other deaths?

"No sir. Now some of your teachings -- and I shall speak directly of it - Theosophy - teaches that when one passes from the physical world and enters one of the astral planes, in order for that one to go to a higher state, sometimes referred to as Nirvana, he has to die and leave an astral corpse floating about. This they call the astral shell, eh? As long as I have been here, I have never encountered an astral corpse, and hope I never shall. I have, however, seen many thought-forms created by those in the physical body and those out of it. Many of these, could you have what is loosely called 'the psychic eye' opened so that you could see your fellow-men from the invisible side, you would see following them about, some of the most ghastly-looking creatures you could imagine.

"What are these? They are the end-products of our desires. They are real; they have an existence; and they are using your -- or my -- physical structure to continue their existence. It is far worse to be haunted by a thought-form than it is by a spook or ghost of a formerly-living individual. Many of our own thought-forms drive us to crime. Many of our thought-forms talk to us by what we have learned to call voice. Many individuals believe they are conversing with spirits or discarnate beings, when often they are not; they are conversing with their own thought-forms, born out of desire. It is very difficult to know which is which when you are still in the physical body -- and very difficult when you come over here. It takes some training, some understanding, some knowledge.

"The so-called schizophrenic is sometimes not really a schizophrenic or what your psychologists call a split-personality, but he is obsessed by discarnate beings. But these discarnate beings, my friends, that obsess one, are of that one's nature--otherwise they

"couldn't do it." Said Prof. Luntz. "They couldn't get next to that one-- they couldn't get near him. There is something underlying in one's nature that has called out to such beings, bringing them into his aura. One who is given to rage attracts into his aura, some of the most heinous-looking creatures. It may drive him to all manner of violence.

"Going again to another death after the death of the physical structure: There is only one, and that is when the personality returns to the physical world; and that is really the true death of the personality. That is the true annihilation of the personality. But when that one is reborn into the physical world, he or she can again breach the gap, proving there is no death. With hypnosis, you can take one back into past lives and cause them to remember. Now when I came over here, I was taken and sent into other lives besides the one I had just come out of. This was part of my education."

L.P. asked: You say you had to go through past lives; but those experiences that you could recall in going back over your past lives did not include anything pertaining to your experiences in your particular state of awareness now, did they? And you cannot, when you come over into this state of awareness, bring back an experience that you have had in your state of awareness, can you?

"Yes, you can but you do not, as a rule, do so."

Can it be recalled? asked H.R. An experience in your state of consciousness?

"Yes, but as I said, it is usually not so."

Those experiences, though, are marked down on the soul seed, are they not? asked I.P.

"That is right. Now, let us get into the field of what is called extra-sensory perception for a moment, shall we? On the surface, it appears that in telepathy there are forces or energies of some measurable kind, moving from one brain to another brain. But it is not so. Consciousness is not something given to one body. It is everywhere present. The brain acts as a machine, sometimes broadcasting, other times receiving. This out here is consciousness; no consciousness lies within here (touching forehead) -- for there is nothing there but more cells. In this life, then, we say that the individual is everywhere present. It is the same with clairvoyants - clairaudients - they all come under the same classification of action. You do not move anywhere you are -- you simply are, and that is all. But when you -- this consciousness that you have come to call you -- moves into other states, seemingly, the experiences of distance and time are balanced off. It is necessarily balanced off according to the time, seemingly -- the illusion of time; the illusion of place. Am I making myself clear, my friends? If not, say so."

After we leave this experience which we entered as a baby -- do we leave it and enter the next plane as an adult? asked S.H.

"Well, if you pass out of this life at a certain age, you will be

"of that age when you enter my world." Said Prof. Luntz. "However, in the course of time which is your experience, you shall come to understand yourself so well, that if necessary, you shall be able to project yourself back into any period of time. Let us pretend for a moment that there was one who knew you, say, when you were ten years old. However, they have not seen you since your passing. You may pass not at ten, but at fifty, or a hundred--but you can't appear to them as being a hundred years old, can you? They wouldn't recognize you; so you shall appear as ten years old. For really, you are not ten nor a hundred. Your life is not measurable by time. You see?"

Yes, but we feel we will meet friends in what we call the here-after -- said S.H.

"Yes, and I think you shall know them better."

But I am wondering -- when we came into this experience, we certainly brought no recollections of any past life with us --

"No conscious recollections - no. But you see, we have such little consciousness anyway, about anything. Let us take one of you back to yesterday -- yesterday! Just a few hours ago. Can you remember everything you did yesterday? And remember, my friends, every one of those experiences from the time you arose from your bed until the time you retired again - every one of them were the building-blocks that went to make up your life. Yet we want to know - we want to remember past lives that may go back thousands of years. We can't do that. We must take a step at a time. Learn to meditate. Learn the art of true concentration. You can do it. Give yourself a bit of time every day."

I would be interested in your observations regarding psychokinetics--- asked J.J.

"(After very long pause) I think I -----(another pause)
Did I understand you correctly, sir? Did you say psychosometrics?"

No. Psychokinetics.

"Oh! Now, this moving of objects without any hands -- let me say this first. In order to move something, you move yourself toward the object you desire to move; you are thinking about moving it, eh? Your hand acts as an extension of your mind, which it is. The mind has picked up - created - the thought of moving something. Though it appears that you are projecting a force, an energy of some kind, it is, in a manner of speaking, but it does not belong in your three dimensional world.

"There is a substance called ectoplasm. It can exude, and in its exuding from the body, it can cause objects to move whether or not it is seen by the eye or felt by the hand -----

(At this point, there was an interruption, when the cook, employed by the hostess, who had been listening alone in an adjoining room, burst into the room in great alarm and distress, claiming that a - something, - although not seen by her, had made a sudden and loud noise on the floor, close to her feet. Her description was that the sound was like the snarls and growls of a vicious dog).

"A dog?" said Prof. Luntz,----"Certainly we aren't haunting your house! My friends, I want to say that if at any time we ever come to you, we shall come according to your understanding, and you will not know we are there if you do not want to know it. If you desire to know, we can make ourselves known to you. And we shall come always in love -- never in harm.

"But in this projection -- this substance then, is the vital forces of your body! but it is not necessarily measurable by your instruments, although it can be. I think you know something about that -- you carry on such experiences and experiments today."

I'm afraid I don't know of any instruments that would measure that kind of power.

"It is most difficult to describe it, sir, because I would have to use words that simply do not exist; I would have to concoct words."

Well, said J.J., let us say we could measure it by demonstration. If it could be proven, would that be a way of measuring it?

"Well, yes, certainly."

It would to me, said J.J. The fact that you could demonstrate psychokinetics, would in itself be a measurement of such forces.

"That is right, of course. But you have to abide by the laws that exist in your world."

I should like to ask you, said F.S., and not in a spirit of levity -- have you, in your world, ever met spirits of any other planet, from Mars, for example?

"Frankly, honestly and sincerely -----no."

Have you ever been aware of a flying saucer? asked F.S.

"Oh, quite! That has become more controversial than the question as to whether God exists! Yes, I do know about these, my dear, very much so. They are beings that live in space. They do not come from other planetary bodies, although they have had to visit these other bodies, not only in your solar system, but in other solar systems throughout the universe. These are Guardians....Guardians of your solar system...."

DISCOURSE BY YADA

"Someone sitting over there is doubting survival after so-called death, true or not? I do not know what we are going to do with him but, do we want to do anything? It is a decision that he alone can make. It is his own life and being that he doubts. So he must go on in his own manner to the light. There is no push. It is one of man's greatest weaknesses wanting to push others into his own particular belief. Push, push, push. There is a great abundance of time, and if you do not do something now, you have eternity lying ahead of you and it does not matter. If you had to make a decision, perhaps tomorrow, I would say, 'hurry a little bit.' But I have never been able to know when tomorrow comes, for tomorrow always becomes today. So I do not know when tomorrow is. It is very confusing -- if you want to be confused it is an interesting pastime. But we always do things to confuse ourselves unconsciously.

"This which is called breath of life. In your Bible it tells that God made man of mud and then breathed into him the breath of life. This is told in fable form and is very abstract.

"Those who have not put forward one step in spiritual development do not understand the matter world, so how can they understand the so-called not matter world, something called spirit? Your scientists do not know the meaning of matter. They are not interested in what matter is, but what matter can do by learning how to put it to work for more advancement in the physical world. Truthfully there is no other world but the matter world. That which is consciousness, what we call matter, is merely the building blocks of consciousness. Calling it by the label 'matter,' does not make it something concrete. Matter is not matter, that is just a label. What if I were to say to you that matter is simply light, or proton in your wording, or bundles of energy? Well, it is that, but there are many kinds of light which the eye cannot see, nor the body sense. What of the light that lights up your dream world? Is it reflected light? Can it be measured by your instruments? I think it could if you knew how to dream a true dream and could take a mechanical instrument with you into the dream world like anywhere else. I think you can.

"But your authorities, such as psychologists, will tell you this is the subconscious world and it is constructed out of your wishful thinking, or your desires, that which cannot be expressed in the physical world, and so you take into the dream world symbols and if you are fortunate enough to be able to read them, you can do something about them yourself, but if not then you have to go to a psychologist and pay them a big price for an interpretation. Too many of the psychologists need someone to tell them what their dreams mean. What is going on in a dream that is so different from the physical world? Nothing. If your mind is chaotic and uncertain, your inner world is going to be chaotic and uncertain. Man must learn to live consciously in his dreams. Many people have said, 'Yada, how can I dream what I want to dream?' I can only say to them, 'Are you living in the wakeful state that which you want to live?' If you can do that,

"then you can have what you want in your dream world," continued YADA, "but this is a dream too, and no more tangible than the dream world. It can be just as horrifying as the life here. If you create horrors, or monstrous conditions in your wakeful state, the monsters will be waiting for you when you go to sleep. It is simple if you will make it so by working on it. The vast majority of human beings are living unconsciously already, they don't have to become unconscious. They are already there. They walk with their eyes open, and look awake, but if you knock here (tapping his head) nobody home. Do I say this in criticism? No, everybody is a little bit out and that is why man has to work to become all in, or all conscious. It is to stop running away from his physical structure. To keep his consciousness where his body is. If not, put the body aside consciously and say, 'Now you stay here, I am going someplace else. Go to sleep.' When your consciousness, or not your consciousness, your self-consciousness, your awareness is everywhere present, then you can move wherever you want to be in consciousness. But if you are not going to do this then stay with the body, that is, if you do not want the body to start decaying on you or falling to pieces, do not leave it to roam around in this unconscious way, perhaps a car in the street will away with it, then you will wake up in my world not much more awake than you were, but wake up and wonder what happened to your body. For a time in this sleep state you will not believe you are that terrible dirty word, dead. It is a dirty word - dirty because it is not in its proper place. Dirt is only dirt when it is not where it belongs. Is it not so? We do not want this. Life is for living consciously. I am here. This is me that is doing this, or the other thing.

"People say to me, 'Yada, you are smart man.' Ha! Ha! I am not smart, the difference is I know it and they do not, therefore they think I know something. It is the light shining on my own ignorance that makes it appear to know something. Because I think I do, it gives me the courage to go on pretending. When shall I know something? Never, never. Why? Because there is nothing to know. What is there to know? You tell me, please. You tell me please where I am wrong. I am operating my ears, too, as well as my mouth.

"The only thing that I can be aware of is my immediate acts. Is it not so? That is all. And so I live my immediate acts fully, with all my consciousness on it, then I find the most concrete reality possible. Is it not so? That is all. It is when I am wandering off someplace and my body is dimly groping to see what a thing is. If I have all my consciousness here, then with all my senses keenly alert and so I can sense with a minimum chance of making a mistake. This is this and that is that. For then I will not be looking on the surface, or will not be listening on the surface nor feeling on the surface. I will put all my feeling in my hands when I reach for something, I will put all my feeling in my eyes when I look at something, all my feeling in my taste buds when I eat. This is living. You want excitement? All mankind is looking for excitement, you cannot have it if your senses are dull. Sharpen them by living with yourself, then you will have greater pleasure and you will know how to control pain should it come your way.

"Your suffering is conscious suffering," Said YADA. " You feel the someone is sticking you, but you do not know who. Now if you come awake you will know who and who do you suppose you will find it is? Ha! Ha! I am sticking pins in myself constantly and because I am asleep, I blame it on my neighbor, the devil or God. Poor God, poor devil, p poor neighbor.

"I do not find a lack of time because I use the time, because my action is time itself. I do not have time hanging on my hands. Many times I listen to you Americans and some will say to another, "What are you doing now?" 'I am killing time.' No time is killing them. Let us not permit time to kill us. The only way we can do this is not to try to kill time. For that which we do to another will be done to ourselves and time as an entity does not want to die anymore than you. There is no greater killer of the cellular body than boredom. Therefore, excitement is the thing to look for to keep the blood good, to keep the nerves healthy. I do not mean the kind of excitement found in a wild dance, no, the excitement of living is to become conscious. You today in your world deliberations seemingly set out to kill all the senses possible, to dull them. Tobacco on your taste buds is the end of tasting. Everything tastes like tobacco. Alcohol, same thing. Alcohol not only destroys the taste buds, it also destroys the brain cells, the whole nervous system.

"Were you born with tobacco in your mouth? Or with alcohol in your system? No. Am I objecting to these things from a moral standpoint? No. I have no morals, so how can I object to what you do morally? I do not understand the word 'morals.' I live in this way or that way because it is more comfortable for me to do so and if all men would do this, understanding that if it is comfortable for him it is also comfortable for his fellow-man, so is not going to attack him.

"So you see what you need is re-education. To adopt these teachings, an entire re-education. You would have to come to understand the meaning of what I say. If doing what you want to do helps you to live longer and a better life. But at the present moment I see too many people think 'This gives me a chance to do what I want to do; what I want to do may make somebody else suffer, but that is all right, I'll get my pleasure.' The moment we bring suffering to another we are going to bring it to ourselves. This is a natural law and has nothing to do with morals. It is the law of cause and effect.

"Many say to me, 'Yada, I hear you talk about the Christian religion. You do not seem to like it, you do not think it a good thing. What would you put in its place?' I would put in its place conscious living, which neither the Christian nor any of the others seem to do. They do not seem to want to live consciously. They leave it to God to do for them, and then they wonder why they are in such mess, and then they blame it on God. I would teach right thinking. What is right thinking? Abiding by existing conditions in which we live, or moving out of that environment when you cannot do these things. But people object to your doing so. But you see if all the people of an environment were taught this, there would be no need for you to move out, for everyone would understand everyone else. So be fully aware, express yourself, my friend, for that is why you are here in the physical world.

"I will help you to if you don't know how." Said Yada. "But it is not that I want to help you. You want to express yourself, but I am going to keep you from expressing yourself, so that I can express myself better."

"I don't care what God wants me to do, it is what I want to do. When I talk of my wants, which is waking up to reality, the reality of my own being, then I will be concerned with Gods and devils. Then I will know what they are. I will not be accepting my neighbor's belief and belief alone, that which is called faith, blind, indifferent, lazy faith, too lazy to find out for myself. So I listen to somebody say something. It sounds interesting, so I say, 'You are right, yes, very interesting, you are right.' But I do not know whether they are right or not, but it is too much work for me to find out and so pretty soon I become their slave. They put the ring in the nose and lead me around. They do not need to blindfold me for I am already blind. That is why they can put the ring in the nose. The priestcraft have taught men to be concerned with what God thinks. So man has forgotten to think of man. And as he is incapable of thinking about God, he is certainly in a mess. Until man knows man, he can never know God. In your Bible it says, 'Whatsoever you do unto the least of these, you do unto Me.' Me what? Me Jesus? No. Me Christ? Yes. Me, Christ the Light. Not Jesus. Jesus is the dead body senseless self, the emotional self. The Light is the operator who knows all and lives and is all. It is said, 'One can worship a stone and there is the light.' Or what man miscalls God in his fear to live. God will judge you. Yes, God will judge you up there. Huh! If man wants that it is not my place to make objections. I am not a missionary to the earth or any place else. I come with thoughts, with ideas and I use words in English that you understand, as the path for these ideas. I have my revelations and I try to extend them to you. But I have no false belief of your dealings with them. As each individual is able to understand he will deal with them. I make sounds, these sounds are called words, according to each individual's ability to understand these words he will deal with them. No reaching is having any value to it at all, except it is put into use, into action, that life is what is called God. Everybody has a revelation. How do they get it? By their experiences. That is their revelation and because it seems to do something for them, they assume that it is going to do the same for everybody else. It is like the doctor, the M.D. He has many people coming to him. He comes to think that by giving the same medicine to different individuals for the same disease, that they will all get over it. I think today most of your real doctors know better than this. One medicine will not cure everybody. No one religious belief will heal everybody mentally. It will not bring the light, there is no light in it except as the individual sees it, because of his conditioning in the environment he enters at the time of birth."

"Man is already hypnotized. It is easy to get his attention. When we become de-hypnotized, then we start to live. When we stop listening to those who claim authority for us, we seek to become our own authority. This does not mean that we cease to go to our fellow-man for information. Certainly that is why there are so many people, so everybody will have so many more to go to when they need them. To go everywhere and listen, to watch with all your being, listen with

all your being," continued YADA. "You will hear in listening with all your being, undertones - very subtle - but they will tell you much, not only what the individual is saying, but the nature of where the sounds are coming from. Yes, the nature of the source. The same if you look with all your eyes. The pursuit of life is not a sad one, it is a glorious one, with much laughter, even though in my pursuit the physical structure may suffer a great deal. But you see now what is making it suffer and you are more inclined to laugh about it because you know that you will be able to control it, you know what it is. When these monsters attack us and we know what they are, when we know that they are our fears and frustrations of life, even in their moment of attack we say, 'No, no, I know you,' and they vanish. It is because they feel that you do not know what they are that they bring you so much pain, they can ruin the body and destroy the mind. Know what the monster is, then you can play with it. It is nice to have pet monsters around your house. This little monster over here is a fear of expressing myself in the way I desire. This little monster over here is the worry monster about what my next door neighbor is doing what he should do. This monster keeps me peeping into their window because I have not enough things of my own to do. So I have this little monster of curiosity and scandal. Because I have that burning unit of shame within myself, for my own nasty little acts that I cannot see through, that I cannot know what they are, little frustrations and fears, I am going to drag a herring across my neighbor's porch, the strong smelling herring. This is the time that I will not raise my hand and say, 'Here am I,' I want everybody to look at my neighbor. When something good happens and many people know it has happened and the light does not shine upon me because I did it, I will get in the limelight with whoever did, so I can get a little bit of the food of security. Yes, no man likes to stand alone, without recognition. (there is nobody else but me). Let us learn from time to time that we get more recognition by pointing the finger at the other individual and saying, 'Put the light on him, because it is he who has done this great and beautiful thing.' Yes, very often when we cause the light to shine on another so

that the world may give this one a greater feeling of love and security, the light spreads out and encircles us in such a way that it protects us from the dangers of the limelight, where somebody throws bricks at us. Some one said Yada was an M.C. What is M.C.? I am M.C.? There was once a great bard who said, 'All the world is a stage.' Let us all be good M.C.s for one another and we will find ourselves the head of the show and everybody will love us though we are the head of the show. When we do not do this and we become the head of the show, everybody hates us and is ready to throw stones the minute the lights are out. This is not from moralistic reasons but is a natural thing, the normal thing is the right thing because it is the normal thing. With no thought of reward nor fear of punishment, I do not care. I will act irrespective of what the results will be, because if I am awake I will know what the results are going to be. I will know.

"You look at someone with the eyes closed and they look innocent, they are not doing anything, but behind that mask much is being done. It is the same when one passes, so-called, from the physical world. You see the word 'passes' means motion, and so men come to believe

this one has gone," continued YADA, "but there is nowhere to go. We see an illusion, an illusion built up out of many other illusions. Starting with the first one when you fell into the belief that you are a matter body. You are not. This is a dream. If you were a body you could never be anything else. You would always be a body and you would never stop being a body. Why do I say this? Because that which is, is eternal. What is eternal? I, consciousness that suffers these endless illusions. I go into the sleep world and I believe I am a body again. I cannot get away from it. This is leaving me in a very confused state. It is like having sticky paper on the fingers and cannot shake it loose. You will in time, and you will discover this - that you are everywhere present."

"We gathered, YADA, that you were speaking of the terrible weather in much of our world," said Irene Probert.

"Yes, many of you here have heard us speak on this subject before, and have heard us say that the elements are under the control of Man. He makes these conditions. Storms and 'quakes, the same as wars, the same as anything disturbing - or pleasing -- in your world, are the ultimate reaction to what you have been thinking and doing. Your thoughts, your emotions, brought about by certain stimuli, have worked upon the nervous system and created an excitation in the atmosphere and broken down the etheric stresses, disturbed the fields of the ether and caused these conditions.

"If you will look back over the history of Man, wherever you find great strife, you also find extremely bad weather. Everything fits so finely into everything else in your physical world - and throughout all life - that it is extremely difficult for one beginning on the study of life to understand how these forces work, how they start, and how they operate generally.

"Today you are supposed to be living in what is called a great scientific age, and you say you are not at all of a superstitious mind. Yet, what do you do? You build great, huge temples -- spending tremendous sums of money that could be used for the needy people -- so that you can attend them once a week, or twice at the most, and give lip-service to your god? Your god of what? Your god of Abraham - what is called the Hebrew god - though, if we want to look deeper, we will find that your Sundays are really taken from the days of pagan worship, in ancient Rome.

"My friends, it is indeed foolish to talk about these things unless we try to do something about them; unless we come awake to the extent where we will spread the information around, get people to understand what conditions they are living in. Every so often, your causes grow into a great war. This has been true all down the history of Man -- and always those who do the fighting are those who have little or nothing to gain when it is over.

"We of the 'Inner Circle' " said YADA, "do not have beliefs in 'isms' -- none whatsoever, save one: the 'Law of Love-ism.' Without this Law, Man is completely and hopelessly lost. There is not one possible chance of his escaping complete annihilation from the earth. This has happened five times in the past. But there is no reason why you cannot have a peaceful world to live in -- and the only thing that keeps Man from having this is proper education of the people. And the first thing they ought to be taught is to choose their rulers in an intelligent manner.

"You have today in your country a system of voting. Every four years the parties involved create such a very bad condition that it is a wonder any of them get into office. The opponents drag out into the open the innermost secrets of the men they are trying to keep out of office, and after it is all over -- if you believed everything you have heard concerning these individuals -- it would seem that you are putting into office to rule you, a cut-throat blackguard, a bandit, an arsonist, a rapist -- all the viles things you can imagine. It is not a pretty picture. And although, when it is over, each side goes and shakes hands with the other side, in four years time they go back and do the same thing over again.

"Your Christian Bible says -- but what is a Christian? I am a Christian; every human being that comes into this physical-chemical world is a Christian is that he comes so that he may work up to what is called the Christ-state, the Christhood. But your Christian Bible says there is only one Way -- and a wayfaring fool shall know that Way! But what do you have? Nine hundred, or more, different denominations. It may be that these are the Paths; I am not criticizing the seeking of the Paths -- I am trying to come to an understanding of this. Why? Because you are complaining about wars, you are thinking that they should be stopped. Your Christian brotherhood are going to hold a great conclave and pray for peace on earth. But, friends, when Man makes an act, there is bound to be a reaction. The world is about to reap what it has sown. This is not the time for prayers alone; this is the time for action. This is the time for you, as individuals, to come into the position where you shall be teachers and helpers in this coming strife, because there are going to be extremely few. The whole world is caught in the vise of fear; and that fear is brought about mostly by the atom -- the unseen, little, insignificant ATOM. It seems to be the first thing anyone uses his discovery for - to browbeat his brother with! Now, have any of you any questions to ask? I am listening."

"What about this Stone of Scone that has disappeared? How much truth is there to the stories about it? Is it of any value, or is it a mere make-believe?"

"Anything that is taken by bloodshed carries a curse upon it. To you that is superstition, isn't it? Blood is life; it is the central force of energy in man. And when that Stone was removed from Palestine, according to your history -- and it is true -- it caused great agony to many, and much, much bloodshed. The entire history of it is true, but the Stone itself is no different from any other stone of the same kind."

"There is another story that the Stone of Scone was cut out of the rocks of Scotland -- how much truth is there in that?" asked WFS.

"It was not cut out of the rocks of Scotland. It came originally from Palestine."

"Was it also the stone that Jacob slept upon?"

"That is the story, the supposition."

"It is also supposed to have been the rock that Moses struck to bring forth water for the Israelites." said WFS.

"Of course, you who know something of the occult, know that it was not from the stone that the water came; it seemed to come from the stone, but the power was in the man who struck the rock. He used part of his life's energy to produce it. You, each of you, could use this life energy to produce water or whatever you need. This comes under what you know today as the use of magic. It is bringing directly into being that part of your physical-chemical energy that you find necessary to have. The man, Moses, could have made water or anything else come out of anything; but in those days the people were extremely superstitious, extremely ferocious, extremely dirty -----"

"Then Man has perhaps advanced a little?"

"At least, you take more baths! But, no -- I am only being a little humorous. Man, of course, has advanced greatly -- but that underlying greed that runs through the human being has come up with him -- but not from the beginning of time. Man did not spring from a savage being and come up to what he now calls a civilized being. After each of the five times that the human being was wiped off the earth, he came back trying to do a little better. Those seemingly malformed and animalistic bodies that your men of science have today in museums are the results of very, very terrible forces that were let loose among the people by the leaders of the people in different periods of time. These caused mutations in the bodies of those who were left upon the earth -- and that is probably what you are going to do today! And 20,000 years from now someone will find one of your physical forms, and will say, 'What hideous people lived in those ancient days!'

"The letting loose of the atomic power in the ether is going to make many changes in Man's physical body, and also in plant life, also in insect and animal life. In the beginning -- as you would put it -- when your physical-chemical world became conditioned to taking what is called the life force upon it, and Man started to colonize upon the Earth, he was not a savage looking being. Indeed, he had a beautiful body; he was much taller than he is now, and he had an intelligent face, because he had an intelligent mind. But, as greed crept within him, desire to have more than his share of what physical life had to offer him, he created his wars; and the material he used to fight his wars with, as it destroyed his civilization, turned the bodies of those that were left into very hideous forms. I would not suggest that any of you think of these things after you leave here tonight; it would be better if you did not take this to bed with you -- you might have hideous nightmares.

"There are some things that we would not suggest that you tell others," continued YADA, "and when we speak of those things, we will ask you please, not to mention them. What I have said here this evening it is all right for you to do with as you feel inclined. If you think it will make anyone open their eyes a little more, that is good. So very few of you open both eyes at one time -- the light of understanding is too strong for you. Have you a question, sir?"

"When I was here last October," said JAM, "you spoke of how best to raise the mind in meditation -- how to get into the higher astral and you spoke as though we often could not do this because of toxic or acid conditions in the blood stream. Will you tell us more about this? Are these toxins caused by incompatibility of the food we eat?"

"That, sir, was not exactly what I meant. The human body is a very marvelous machine. Inasfar as the electricity that operates it is working fully, clearly, definitely, with natural force and power behind it -- in other words, if the mind is operating properly, if it has the body under full control, there is no reason why you cannot eat what you like without harmful physical effects. For the mind can cause all the glands to take care of the various foods that you put into your system. It can change any chemical that may be wrong for it -- it can change it into one that is right for it. If this were not so, there would not be so many people today in your civilization, for you are slowly poisoning yourselves by what you eat on account of what you think. You are creating tremendous stresses and strains in your physical body by your thoughts, and these stresses and strains react upon your glandular system; therefore it cannot put out the chemicals that build the body as rapidly as the body is being broken down.

"All chemicals are going through with what is called breakdown, and also being built up at the same time. So, if the mind is functioning properly, if the 'I' of you has this body under proper control, there is no reason that you cannot -- as I said -- eat whatever you like without ill effects. This is demonstrated by the people who have proper control of themselves. Such an one can take swords, pins knives of all kinds and run them through the body without harm. To the one who knows nothing of occult work, it does not seem right that no blood should come; it seems all wrong that one should be able to go for months and months -- sometimes years -- without eating or drinking at all. This seems weird to those without occult understanding, because he has been taught that there must be a definite, continuous, conditional process from what he calls birth to death. This process is made up by the mind. If you make up that process, you will have to follow it so long as you believe in it. If you make this the law, then you must follow it, not realizing that there is a higher law."

"Has there never been a race that achieved complete balance between the mental, physical and spiritual?"

"No, I think not what you would call a race, but there have been certain men and women who have achieved that state of balance -- a few out of each generation. Friends, Man does not need to go through the state called 'death' -- this change which seems normal to you, although

"you fear it." Said YADA. "When we learn to follow the true paths, we will see that the physical-chemical body is no more concrete than anything else. It is made by the mind. Each one of you, as separate units, created your body. You designed it by first producing the stresses or the skeleton lines of force upon which your kind of physical-chemical matter was to adhere to by the law of magnetism. So, if this is true (and I do not ask you to accept it; I merely state it, and you must seek to verify it for yourself) - but if this body is created by mind, then that mind can change its gravitational field and not destroy it, but disintegrate it into a different rate of vibration whereby the constituent particles of which it is made will vibrate at a different rate of speed, and will not be of your physical-chemical world any longer.

"I know, as surely as I am sitting here in this boy's body, that many of you doubt, seriously doubt, the truth of what I say. That is good; I hope that you do. For only doubt can lead us to seek further. If the fish had not gulped down such a large bite of the bait, it would have lived another day to nibble on the next bait. Let us, therefore, nibble at the truths of life, gathering here and there. Let us take the center path, the middle path. After we have reached a certain state of understanding, then we can veer directly to the path that suits us; and we will want to stay on that path only as long as it proves satisfactory to our kind of thinking.
(to HPF) What have you there to read?"

"It is a letter from a friend in Seattle, who says that it seems to her that Oahspe is just another plan to enslave men's minds -- simply another pattern with the god Jehovih, instead of Jehovah. Would you care to comment on that?" asked HPF.

"I make my bow to this lady! It is not only in the physical-chemical world for you will find gods to follow in every state of consciousness until you come to the conclusion, the only one that I can see as possible, friends: follow your Self (capital 'S'). All that happens, all that is, wherever consciousness may take you or command you to go -- you are the creator and the destroyer, the beautiful and the ugly, the good and the evil, the matter and the spirit, the soul and the mind, the ego and the personality, the name and the not-name. I am not speaking to you in parables nor allegories, nor in what you call double-talk. I am speaking straight.

"If you really understand this, it should make you stand up to life; to permit no problem to discourage you. The only reason why your problems seem so hopeless is because you do not observe the small parts out of which your big problems are made. You look at the large parts, and they frighten you. But let yourself look at the small parts, and pretty soon you shall see where and how your problem originated; it will be like a little thread sticking out the side -- you pick that thread and unravel the whole thing. All things hinge so closely on everything else, you cannot help but touch all things when you touch one thing.

"Before I go," said YADA, "I will add one more thing: In all your 'doing' -- no matter what you do -- my friends, remember that you are a free agent. There are no barriers, no mysteries, nothing supernatural. Whatever you do, do it with pleasure, with joy, with a great feeling that you are creating -- and you shall create beauty! Do not pay attention to your act too much -- as to whether you are doing right or wrong. You must act, no matter what you do. But do your act only with this thought in mind: 'I am doing it in the Law of Love, of harmony, the love of harmony, the love of rhythm, --the Great Rhythm that holds all life together' -- and the results of that act will be harmony, rhythm, beauty!

"You need not wonder what you are going to do tomorrow, next year, the year after; nor to be ashamed of what you did yesterday or last week, or last year. God knows nothing about shame nor evilness; God is Harmony Man can do only one evil -- and that is to bring harm willfully, intentionally, to his fellow-being. Love and Compassion -- let these be your yardstick! Good evening. (Yada withdraws.)



Mark Probert in trance and under control of Lao Tze.

DISCOURSE BY THE YADA

"Emotional blockage will cause diabetes, and continued emotional blockage will eventually take you out of the physical embodiment. Emotional blockage causes a slow burning of the fatty tissues which may lead to insanity. No amount of drugs is going to cure the disease; drugs are hypnotic only. Emotional troubles you do not know how to handle are usually conditions that go back into your early life.

"Why do we lose our teeth when we need them so badly? Nutritional and emotional problems are the cause. A thin skin protects the enamel of the teeth. Only your own saliva can clean the teeth. Fluoridated water is not good. Your own saliva is the best cleanser, and protects the enamel of the teeth from decay.

"You can live God, but you cannot talk about God. I am a law unto myself. I am consciousness; I am awareness, the creator creating my own dream of things and my created dream cures or kills me, a condition that was brought about by me. Each individual coming to the earth was sent here to have work to do; we cannot escape until we come to know this inner feeling of love.

PRAYER

"You must know what prayer is because mind action is going to be more widespread. This is the year of mental age, the age of water that purifies. You live in what is called a physical-mental world; you are in reality physical-mental. There are many forms of prayer. A mere wish is a prayer, depending on your sincerity you will have intensity of action. When praying for one your consciousness is directly in contact with that individual, and the sincerity of your prayer can set the frequency of that body back into normal functioning. The all-mind knows instantly what is to be done; it takes but a minute; then you leave it and think of something else. The prayer is not released while you think of the individual.

"This is a world of atoms. In a certain arrangement of atoms we find certain kinds of chemicals. The molecule is a combination of atoms. An atom is not a single unit, it is made up of many parts. Sometimes these parts are referred to as electrons, neutrons, protons, etc. These are particles, or stress lines in what is called space, sometimes referred to as a field. Positive and negative forces in space -- they are the building blocks of space. Before the material world came into form these building blocks existed. The various forms of it called motion create energy.

"This is energy mutating in matter -- living in other states of awareness, other frequencies. All of this that is called space is consciousness, your consciousness. You see you are ever-present. In eliminating from your consciousness the idea that time and space exists, it

becomes clear that you created all that is created. If this is so, you can see what prayer can do. Prayer does not grow the plant; it simply energizes the life force that is there. Prayer for plants gives them an easy boost in energy, and also gives them a greater chance of living longer for it gives the plant health. It destroys the possibility of being attacked by outer forces. For the moment of prayer you become the plant. Your consciousness becomes the plant, for is it not said we are where our consciousness is?

"Life is a composite of experiences; your soul is the nature of your own experiences. The rate of progress is entirely up to you. We have certain work to do; when we complete that work we go on. What do I want? How will it help some one else? If I desire it for my benefit alone, it is of little value to me and will prove such. One should have a worthy purpose. Actually we scatter our vital forces when we use them for low gratification. There is something more to life than physical gratification. The body has its place. Lift the body up. We are the dreamer and the body is the dream. We can wake up, rearrange the dream to our own liking, realize it is in its right place. You consciously construct your body; you build it. Each little cell has intellect and knows what it has to do. Life is a mating of intellect and matter. Each atom does its own work.

SPACE PEOPLE ARE WORKING HERE

"Space people from various planets have certain work to do here on earth. They are not concerned about whom they contact here on earth because they are not interested in personalities of earth. They do not have to have educated humans; for they know every one of these humans will broadcast. If there is going to be what is called space work to do, they do it themselves. There are many hundreds of space people walking on this earth. They have ships that go to the bottom of the ocean; they go deeper into the bed of the ocean to test conditions there. The earth is heating up, you not going to have another ice age, you are going to have a water age. The space people are testing the snow on top of the mountains as well as rocks, the atmosphere, the changing conditions of the atmosphere and the rate of cosmic radiation. Their sole interest is in the conditions of the entire solar system in which you live. Outside of the sun it would be on our solar system; the solar system is that which is in the sun. The space people do not seek to change conditions. The atom bomb changes only man's way of thinking. Be not concerned

"What do you have most in the sun? Hydrogen and helium, in position with seven other chemicals. You will find more cancerous conditions take place when there are large sun spots than when there are less. Under certain conditions they will cause wild growth. When there are large sun spots there is little down fall or shower -- they pass through your body continually. If they center or locate in the body they should be gotten out, for when they fuse with one another and pile up the victim may lose mental balance, or become paralyzed, or the cancerous growth may strike at the vital organs of the body. Often they do, and unless gotten out in time, they can kill the individual. Sun spots are electrical storms on the sun. Tension is high when there are sun spots; negotiations between nations and business deals are difficult to handle then.

"Sky phenomena are not appearing much now, although there are thousands and millions of space people in the sky. You just do not see them. It is as simple as that; you do not see them. When you learn to project yourself you will be aware of them and see them."

MARCH, 1956 SEANCE, YADA SPEAKING

"You wonder what is going to become of you -- it is a question of what is happening to you now. As we live our lives, as we act in our lives now, we become in the future. There are three kinds of people in the world: the builders, the destroyers, and the do-nothings. The most detrimental of these are the do-nothings. The destroyers are to be favored. Do not try to get rid of the destroyers. When we stop doing we are dead! We become known as the true dead when we do nothing. To suffer from ignorance while in the physical body is death.

"35,000,000 miles is the closest we come in conjunction with the planet Mars. We are closer to Venus, 28,000,000 miles. Venus and Mars have livable conditions for beings with lungs. Venus is extremely hot in places, and very cold in certain seasons, yet it is livable, much like the earth. Topographically, Mars is more wasteland, in parts of Mars there is ice and snow. There appear to be canals made by some intelligent beings resembling man, but the canals are not man-made. They are very much like what you call the Grand Canyon. There are more canyons than canals on Mars. There is no human life on Mars. The beings that are there did not originate on Mars.

"More than this, there are many forms of life on earth that did not originate here. They were transported here. The different races here on earth came from many places in the universe. I do not know what anyone's destiny is; all things are possible to man.

"There is life in the interior of Mars, and beings live in the interior of Venus as well as Mars. Yes, adults have been removed from earth and taken to the other planets. The satellites of Mars are not artificial. They have been made by great eruptions in the Martian desert. Not long ago there settled on the earth a great smog that hung over the ocean. I think your scientists know something about this explosion. The dark areas on Mars are changeable; they are storms, not oases. There is plant life on Mars, but it is very heavy, very much like rubber plant on earth only darker and thick and smells very badly. It grows along the canal banks.

"The space beings who are drilling deep in the ocean are not coming with any great interest of man at heart, but are studying the conditions of the earth and testing the heat conditions here. It is said your earth is receiving more cosmic radiation. The bombs have little to do with it. Cosmic radiation originates in the sun and keeps planet radiation alive, though an overdose may destroy all life. The under crust of the earth is deteriorating rapidly. These space beings are charting and testing the earth, the rock, the water, the mountain tops, the atmosphere, etc. The universe in which you live is going through a rapid change. It is expanding and many island universes are moving farther away from each other at great speed.

These changes can bring around a different kind of evolution. Drastic changes will take place in earth bodies. The space beings know your earth is not going to have another ice age, but that you are going to have a water age. You are living in the Aquarian sign; the snow and ice are not going to pile up; they are melting. The earth is becoming tropical. But it is not going to cause a tipping of the earth in a violent way. Weather conditions will change, but there will be no violent changes in the magnetic poles. There will be great floods that may in time wash over a continent. They will not harm you. The conditions of the earth's under crust have changed.

"There are a vast number of people on earth who are highly intelligent. Man often belittles himself. Knowledge of one's being will be different tomorrow. No one who is a true master ever calls himself a master. The Etherians are the guardians of the universe.

"What we call energy is the matter of the next higher plane. Matter is made up of energy. It also appears to be made up of particles. A particle means a piece of. It implies the singular one. Yet the smallest so-called atom is made up of atoms. No piece of matter ever touches another piece.

CHANGE OF CONTROLS, PROFESSOR LUNTZ

"So many of you are looking for something and are willing to accept anything. Most to be desired is security. Without security the entire human race is entirely lost. Without belief we are lost. I believed and I talked for fifty years. Well, when I came over no one came to greet me; so I must have done something quite wicked. However, after a time I managed to see things more clearly; I came out of the fog; but it was not an easy thing to do.

"I find my present life a most favorable one, one that I have no desire to give up if the giving means returning to the physical world. I had the wrong idea of what life in the astral world was like. Most of you, I suppose, expect to meet loved ones and friends, but it does not always work that way. We create conditions on earth, and we take these conditions with us. For a period of time, depending on the individual, there is a strong pull toward activities you are accustomed to. So many of you return to places where you enjoyed yourselves and suffered so much, even seeking out enemies; not always to do them harm but because you have not finished your experiences with them; and hate can pull you back as well as love. If you find you do not like a certain personality it is better to try and forget them. Hate is generally brought about by a feeling of attraction for something we want. It is mostly a selfish action and acts through feeling. It creates a neutral; we have neither love nor hate.

"Love with understanding keeps you from being emotional. Whatever happens, it is right to send them a little prayer. Carry on, you do not need my care or laughter, you need my understanding and I need yours. We cannot do anything about what is happening; the situation is beyond us. There are two ways of expressing frustrated feelings, laughter and tears. Where do we live? We live in our acts. We exist.

We are not conscious we are creating a sense of awareness. There are certain conditions that go on in my country in which I have an interest, and I find myself there. And there are times when I have no knowledge of the earth whatever. I am in a state of awareness there are no words to describe.

"The majority of people passing from the earth attempt to stay around the earth, and if they are ^{not} communicated with they lose interest and move away and the conscious memory is shut off. They create a world of their own. For a period of time they re-create many pictures of those they associated with on earth, and yet they do not think anything of it. They do not always place them in memory as having known them on earth. In our sleep we re-create. In sleep we do not picture them as friends or relatives. While the dream goes on we do not place them. Some time some of you are going to learn to dream true. Grant you may be able to place those individuals in a dream as you have known them in a wakeful state, but we do not do this as a rule.

"God permits whatever you permit. I once was a mouthpiece for God; I studied long and hard; I spoke of the old boy in the red suit. If you create gods and devils in your world, that is what you will have to contend with. There are more interesting things and greater truths. When we go into the astral world after a period of time we cut ourselves off from the memory of earth and we create for ourselves a new world. Our consciousness has a way of taking off on short trips. It is a strange mechanism, this thing called consciousness.

"The personality is made up of many experiences. You see that is what survives. If you want science, study -- and it is a great deal of hard work. We are trapped in our little emotions so much of the time. We are to a degree or other under a hypnotic spell. We are certain to get our belief torn to pieces in due course. Selfish pleasures are transitory; you have to leave them here if you obtain that which is divine."

THE TWILIGHT OF ENGLAND

"I was listening to your conversation about the Stone of Scone and the Lost Tribes of Israel," continued Professor Luntz at a later seance. "I suppose I shall have to go work now and talk about these things. Of the 13 Lost Tribes, I might say that this term is sometimes said to signify the 13 lost senses of the human being. It is said by some of your psychologists that man, locked up in his head, has over thirteen billion brain cells. It is supposed that he uses possibly twelve billion of these cells. Of course that seems rather doubtful -- looking at the world today -- but let us go into the physical field concerning the 13 Lost Tribes.

"The most ancient history upon this, I believe, would tell you that these were the people who escaped when Lemuria went down. I do not know that any of you have knowledge of that, or not. Have you heard that?"

"Churchward says the sinking of Lemuria took place 70,000 years ago; is that so?" asked one of the sitters.

"I do not like to talk in terms of time, because my timing is so different from yours; but my honorable colleague, Yada di Shi'ite, tells me that it was 200,000 years ago that Atlantis went to the bottom.

"Now, as to the Stone of Scone, there is such a story as the one you mentioned -- that its disappearance would be the sign of the end of the British Empire. However, the easing of the iron-like grip that England, my country, has had on the rest of the world has been very obvious for many years, but the Second World War made it more so. Now -- and I do not know whether I should say 'fortunately' or 'unfortunately' -- the twilight of England is at hand.

"Every empire reaches a certain stage in its growth and then it begins to deteriorate. And why? Because the growth of an empire is bound to breed agony and bloodshed; so it cannot escape. It is the reaction of its own action. Nothing grows without pain, without bringing pain to itself as well as to much with which it comes in contact. Everywhere that the British took hold and desired to rule, they exploited the so-called common man, the ordinary man, the worker, to such an extent that now it cannot help but fall apart. We cannot enslave a people without bringing ultimate destruction, not only to the leaders but to the people themselves. Just as long as the individual permits himself to be led around, to be told what he must do to stay alive, he is going to be in slavery of a kind which he cannot escape. His very ignorance makes him a willing tool for those who want to be his masters.

"The entire human race, it appears to me, has built all its forms of activity upon tradition -- the constant repetition of doing the same things with monotonous precision, year after year, generation after generation. And England is especially bound by tradition. How very important this bit of earth has become!"

"It seemed to us," observed Harriet Foster, "that the miracle of England's escape at Dunkirk indicated that she was spared for some great purpose, some tremendous destiny."

"Of course, we cannot say that Britain, or Germany, or Russia, or any country, is going to rush itself out of existence at once; and as long as there is something good and great in a nation, there is a chance of its persistence, its existence. But no country can be founded on the blood and sweat and drudgery of other peoples and forever endure."

"So the Stone's disappearance is the end of England, then?"

"The mystery of the Stone of Scone is not necessarily the signal for the collapse of the British Empire, however. That has been in the written records -- which some call the Akashic records -- written there by its own actions. This which you move your hand in and call 'space' is a great reflector. It absorbs all kinds of action, and then gives it out. Every act of every individual, every act of everything in your three-dimensional world, impinges upon this ether, makes its mark there, and one who is sensitive enough to read it will find it there. You may think this is entirely in the realm of the philosophical, but it is also physical. It is there to be measured when you have devices sensi-

tive enough to pick up these stresses that have been formed in the ethers to record the endless actions of life."

"Will you tell us about the people called the 'snow men' who never come down below the 25,000 foot level?"

"There is a race of people, though not quite like ourselves (if I may include my shadowy self among you) -- but they do belong to the human evolution. They do not stay continually in the snow. They do a great deal of hunting, and most of it by hand. They are huge creatures, some of them running well over eight feet tall, very hairy; and the hair is somewhat yellow in color. I believe they are said to occasionally become bored with their womanless condition and sometimes come down to what is called 'civilization' and nab themselves off a woman or two. The Guardians of this race are trying to bring them up, or down?, into the human form, and this drives them into trying to find a mate in human form. But they have a very revolting habit of killing and eating this mate. Disgusting, eh? -- but it saves a divorce.

"Your scientists have also found in the upper reaches of the Amazon a very tall race, not dark but fair-skinned."

"The white-skinned Indians?"

"Yes. I believe your scientists have also discovered those called 'the Amazons' -- very large women and equally large men; but this is another group. They live in shadow, in the deep jungles where sunshine cannot get through to them. At some time it will be discovered, also, that there is no 'missing link' in the human race. As long as man keeps looking for traces of himself in earlier times, he will be rewarded by finding traces of man in various shapes and sizes, sometimes very, very small, and sometimes large."

THE PATH OF NON-VIOLENCE

"Professor Luntz, do you see the necessity for another war?"

"You know, sir, we of the Inner Circle have no feeling that man should shed his brother's blood for any cause whatever. The Master Christ came to the Earth, as all the great Teachers did, to tell man that blood shed is no answer to any of his problems. When a man or woman feels it is necessary to stand up and fight for what they think is right, it is probably a sign that they are insecure in their beliefs.

"Now -- and I didn't realize this until I came over here -- we cannot stop wars by stating moral viewpoints, or by debating the wrong or the right; for wars come out of the lust and greed and avarice of the human individual. The individual is just like an atom: the atoms go to make up a form, what is called a substantial form, in your three-dimensional world. The individual is the atom in the nation, that goes to make up the form of the nation. And when any one of us, German, Russian, Japanese, Chinese or whatever, believes that others have more than we, that will lead to the desire to take at least a part of it; and if not given willingly, will fight for it. Most wars are caused by

trade, by desire for expansion of trade. Even if it is for that reason, since man does not understand any better than to bring on a war, then let us go all out in carrying it on; let us not be careful about what weapons we use. If we are going to bring it to an end, let us use every weapon that is effective. You cannot use a cap-pistol against an atom bomb. Let me repeat: we of the Inner Circle do not believe in war at all -- but after you have gotten into it, the best thing to do is to get it over and done with as soon as possible."

"Do the prayers on a large scale have any reaction on the ethers?"

"Oh, yes sir, they have a great reaction. But, tell me, when did these prayers really start?"

"After we were in the midst of the fighting, I guess."

"Exactly! These wars have been breeding for many years, and the 'good' people of the world, the Christians -- hmmm, Christians! -- a fine name, suggesting that you are better than I am if I am not a Christian (and that in itself is enough to bring on a war) -- what have they done to stop the want and suffering that causes the war? No, sir, these prayers will not stop what is to come; it is too late. Suppose you were dextrous enough to pile up a million bricks, making them stand on a precarious footing -- do you think your prayers will prevent those million bricks from falling on you if you press the wall sufficiently? And that is what man has been doing, pressing the wall."

"When Christ said, 'Ye are of the lusts of your father, and these lusts ye will do.' What do you make of that?"

"As a minister -- and I once was -- I would say it is something to make man ashamed of his sex; but that is not as I see it now. Now I would say that man's lack of control over his desires was an evil. There is no desire that is evil; it is permitting the desire to get out of control, permitting it to rule you, instead of your ruling it."

THE PRIEST-CREATED GUILT COMPLEX

"The clergy, I am afraid, of all the Christian churches has brought a great and lasting feeling of guilt, a guilt complex that has, in turn, brought many diseases to the physical body. Man is not really an evil creature; he is a great creature. He was born of the force of love, which drives even the atoms together. But the priestcraft would make it something different from that. They would say you are a black imp of darkness, and you can only be saved by the blood of Christ. My friends, no Teacher came to save man by blood; but to awaken him to the beauty of life. The only wrongness lies in the teachings."

"Was there ever an androgynous race that could reproduce their kind, and later there came a separation?"

"Yes, to both questions. The androgynous man could reproduce his own type, and the time came when one of these was born with the single sex -- the female. And the Lords of Nature discovered that that would

be an improved way to carry on the race for awhile. This is spoken of in the Bible when it is said, 'God took a rib from Adam and made Eve.' All the Bibles in the world speak of this 'separation'. Now Nature is standing with tongue in cheek, watching the two trying to get back together again! Friends, there is such a thing as the soul-mate, dating back to the date when man was androgynous. And the memory of this, lying in what you call the 'subconscious', sometimes recognizes that one and cries out: 'There you are. I know you!'

"There are always the two forces, the positive and the negative. Without this condition, nothing could come into being. My friends, I would say this to you, if you never learn anything else in all your lives, try to cultivate a feeling of humor and of love. These two will take you a long way on the great, great path of understanding. I know that you are all weighed down with physical bodies, so I won't detain you longer. I do wish all the blessings of love upon you. Good evening"

A LATER SEANCE

Meade Layne and an unidentified control are discussing mantrams.

"About the formulation of mantrams," said Meade. "Can a person formulate his own numerical values?"

"That is merely his own method," replied the Control. "It is not used by others, or if used, it offers no sure success. You may formulate your own mantrams and approach the subject in its entirety in your own way and get the same and maybe better results."

"What would you say is the secret of the power attributed to the mantrams?"

"There are certain words, when spoken into the ether, that effect the molecules, the atoms, and the what-nots that you do not see with the eye -- the stuff that goes to make up all your material life -- these words stir these into violent action, so violent at times that if not used right they will revert back upon you and kill you."

"Do such words have to be spoken aloud?"

"Yes."

"How does one discover the real mantrams?"

"They can be given to you through meditation, but as I have said, one should be very careful and go slow."

"I have read that Kabalistic teaching concerning this power depends upon the numerical value of the words and letters. Does the clue lie along that line?"

"Please to pardon me. I will be back shortly."

The Control departed and another one seemed to take over Mark's body.

"Daladier, Daladier, Daladier," this Control said and nothing else, occupying Mark's body only about three minutes. In a few moments the temple dancer took over, making motions of invocation and release.

"You peoples, you destroy the body. You shoot stuff into the body which puts in poison," exclaimed the dancer.

"Is there anything you can do for the medium?" asked Irene Probert.

The dancer does not reply but continues the rhythmic motions of involking cosmic forces with the hands upraised, then bringing them down alongside the body and outward, chanting, "Ti yu tu."

"Would you tell us what the words Ti-yu-tu mean?" asked Meade.

"Go evil! Go evil! Taking out poisons," said the dancer. "Much people believe that we are the fearful and superstitious ones. You have in your civilization a power that has been used by us for many thousands of years, healing power, yes; but you do not know how to use it. Not only that, instead of injecting poisons into the system, you have the one power, to pull the tooth or to cure the tooth, (says foreign word) what you call hypnotism. This, properly understood and properly used, far surpasses any kind of injections into the gums and into the body, for then you do not have nature to fight off that thing. Very few of the people who live in your world believe in the power that your God has granted and put into you to use."

"Most psychiatrists are using it," replied Meade, "but not always with good judgement."

"They neglect to use what you call in your language the mantrams along with the hypnotism."

"How would one co-ordinate them?"

"After the patient has been put thoroughly into a sleep or removed from his body, then these mantrams should be used over affected parts."

"Can mantrams be constructed by us?" asked Meade.

"If you construct them, they are already in existence. You can do so; they are here. You concentrate; you listen, asking for the good; the Good will come."

"You mean they should be formed by meditation?"

"Yes."

"They cannot be constructed by any rule?"

"If it suits your purpose, yes," replied the dancer.

"Do numerical values have any effect?" asked Meade.

"I do not know about that -- numerical? I go."

And with the departure of the temple dancer the seance was at an end.

TRANSCRIPT NO. 31

Released by Meade Layne in December, 1956, from Mark Probert Seance of September 9, 1949, in San Diego, California, transcribed by Mrs. T.J. Johnston:

"Good evening, my friends," said Control Lao Tse, "It is indeed a pleasure to be with you this evening, and it is our hope that we can work in harmony with one another. We of the Inner Circle always suggest that we set our pet emotions outside the door, like the Dutchman leaves his shoes.

"It is our belief that no one knows everything; so we can just sit and talk and see if we can find out what is truth and what is not truth -- what is true, if anything. Every man goes around with his own peculiar set of beliefs, his own particular ideas that he has formulated, or that have been formulated for him from his birth; and this sort of thing has been going on generation after generation as far back as there is a history of man upon the earth.

"Now we go through life observing for the most part that a thing is as we see it to be. We never make any attempt to look back of the scene. We make too rapid judgment without thinking. We suppose this or that to be a fact. We seldom, if ever, dig back of the thing to find out what it really is. The present day scientists point out quite clearly that all nature is in motion -- and terrific motion -- sending off various rates of vibration; of which some of us see one rate and others another rate; so that each one believes, or sees, the thing in his own particular way. No one can convince another that he is wrong in what he sees, unless he is in some way able to step up the other person's rate of vibration of the retina of the eye and the nervous system. In reality the eye sees nothing; it is merely a lens that carries the impulse to the brain, which in turn does not see, but presents the object for the Mind to see. Your medical men, your brain surgeons have searched in vain trying to find where the nerve ends fade out to, and what they contact that causes the brain to produce a picture that seems to be outside the individual. Within the limits of my small learning, I have not been able to discover whether or not they have found this point of contact.

"Is it something or someone existing in the physical body, or outside the physical body and operating the physical body? Some believe that it is the soul or spirit in the body. Perhaps that is so; and if that is what they would like to believe, all right; but there are many other theories. When you reach out with your hand and touch something it is said that you feel it because you have nerves in the ends of your fingers. But the finger does not feel it, the Mind does. The Mind interprets the impulse which the finger has sent and the brain then says that the finger has felt something. The sense of seeing, the sense of taste -- all these senses are one thing, but different modifications of the same thing. If taste, for instance, was a separate thing then all the world would taste in the same manner; there would be no variation.

"It is the same again with the eyes, and with hearing. Some for instance love to listen to beautiful music and they get a special uplift to what they call the soul, and others like to listen to raucous noises which today you call jazz or swing. They call that beautiful music. And there are some who like gaudy colors, and yet others whom such colors would make sick. It is all, my friends, according to your own particular way of observing the same manifestations that exist outside yourself -- that seem to exist outside yourself but do not.

"We, on this side, have reached the theory that this which^{you} think is outside of you in what we term Space-Time, is merely consciousness; and if it were not consciousness you would not be able to have contact with it at all!

NEED -- DESIRE -- CREATION

"Before you can acquire or bring anything into being you must first experience a need for that thing. Now need does not picture the thing, but need produces the desire; and the more urgent that desire becomes the more likely it is to bring the thing into actual being. The greater your desire, the more likely you are to project into your seeming outer consciousness what you call a table, or a chair, or anything else. A long time ago we held a special meeting with our most honorable friend, Meade Layne, and this boy, in which this topic was discussed.

"Referring to a thing-in-itself, the 'ding-an-sich', what is the thing-in-itself? Does it exist apart from its own consciousness? Does it exist if you are not looking at it? One is led to believe that in order for a thing to exist it must have some form of consciousness. Well indeed it does, because when Mind starts producing an object all atomic particles out of which that object is made have consciousness, consciousness of its own particular kind, dependent upon what is the purpose for which it is to be used.

"There are many kinds of trees, but what is Tree in and of itself without reference to an oak tree, or an elm tree, or all that? Did it come into being in answer to a need to produce carbon, oxygen, hydrogen, etc? Tree did not come into being just for the welfare of man, though it represents the answer to many of man's needs. Nor can one say that Tree came into being as an absorber or dispenser of nitrogen, etc.

"When can one say that a certain thing is necessary for a particular need or function? You can think of anything whatsoever and you will find that it can be used for endless things. Why is this? Because this thing represents a part of the whole of life, and in the whole of life we find such an endless variety of things that we cannot even hope to enumerate them."

"Do we not arrogate to ourselves a position in the universe too elevated?" asked one of the sitters. "We seem to think everything exists just for us."

"It is said in your Christian Bible," replied Lao Tse, "that God

made man in His own image. Now, if we should stop and think about that, what about animals? Once we said that if the camels stopped to think about God, this God of the camels would have one or two humps on its back. God is not a being and looks like nothing that could resemble a being, because It is a force, a particular Force in action. We might say that It is All Force in action.

"At the last meeting I attended one of the group mentioned inanimate matter -- matter without motion. Now do you think for a moment that such a thing could exist? As matter is made of parts there must be motion and you cannot divide matter into less than its absolute parts without motion. Matter needs no proving. How do men say 0, 1, 2, 3, 4? Now, that is in defiance of the laws of the division of matter. Where does he get his zero from? He can only postulate the zero. In reality there is no such thing as zero. The zero only represents nothing, no thing. How, then, does he get to one? Because there are endless fractions leading up to one, and through more and more fractions to two. Then he would go on dividing, indefinitely dividing and dividing. So far as I can see it from my lowly viewpoint, I fail to understand how man arrives at one if he uses this postulated zero in order to bring matter out of the unseen into what he calls the seen form; out of the abstract into what he calls the concrete. In reality, if he will get down to true analysis of matter as closely as he can, he will find that his concrete world is no more real than his dreams which he calls abstract. It is on account of this that we of the Inner Circle say, Let us think before we speak. Let us observe things closely before saying 'this is what it represents itself to be', but think back and find out as much as we can of the reality.

"None of us shall ever know the ultimate of anything. If such an individual existed, one who could learn the absolute of all things, then he must automatically in that instant become and BE the Absolute -- which is nothing -- and yet everything. It is a paradox.

TO THINE OWN SELF --

"Do not try to see life as others see it. It is only true if you see it as an individual and in no other way. And you cannot bring another into your world. You can only take him so far; but each of you has a chamber in your mind, a world of your own wherein none other can enter, not even your most beloved. That is one of the reasons, also, that we have refused to go further into our identity. We are not seeking to prove continued life to anyone. For you, yourself, cannot prove your own identity to anyone. You can, of course, give them a label; but that is the best you can do; and as there are many labels you have done nothing to prove your identity.

"This seems to call to mind the object of religion, to see how much confusion it can spread abroad. The layman knows, as a general rule, nothing about what is being done; and yet many of them will fight and raise their blood pressure considerably over that which they know nothing about. They tell me it is their effort to defend God. Now, my friends, let us suppose there is a God, a great Being, as is taught in your Christian teaching. If He knows all, if He is all-powerful and all-

merciful, where and how does He need someone to defend Him? If we are not defending our God, we are defending our lesser, petty beliefs. No matter how strongly you believe in a thing it needs no defense, whether it be a god or anything else. If you believe it to be true, it is true as long as you believe it, and you need not defend it. You may state what you believe and if the other likes to agree with you to an extent, fine! Then you can become brothers. But if not, bow, and leave him on his way as just as right as you are. State your beliefs, talk about them calmly, coolly, and with a feeling of respect for others' beliefs.

"Life is too great to be defended with vigor and with anger, and with a fear of being hurt. What are you hurt over? If things are as you say, no one can say anything to change them. Only you can change them; and you will change when you see fit; but even you do not know when you will change."

"We are in a constant state of flux, are we not?" asked a sitter.

"If it were not so, nothing would exist. It is only because of the great law of change that life is what it is, and it is beautiful. Do not seek at any time to convert anyone to anything. You have a responsibility to yourself only.

"As you live and act, if it is in your community the right way to act, if it is considered harmonious in that environment, and you can stay in that environment, I am sure that all those around you, those who believe you are acting in harmony will follow without your saying a word. A flower does not strive to be a flower. It just is a flower. It strives not to grow; it just grows. If you would just grow without effort and without trying to point out to another how to grow, you would be able to help your neighbor and your fellow men in general.

"Now, this boy I am going to return to you. There are others of our Inner Circle who would like to talk with you; so I take my leave and do pray for your constant success and progress."

LAO TSE DEPARTS AND THE YADA DI SHI'ITE TAKES OVER

He chants an invocation.

"I spoke to E Ka Na, God of the Winds. You will find, I think, that in your ancient races of peoples the first spoken and also the first written words were in reference to the Deity; and so it is that much of the language at one time was restricted; and a certain class of the people were given a kind of tongue to speak and another kind was kept for the priestcraft. There are words such as the lady mentioned a moment ago that were very sacred and considered a crime to be used outside of the temples. Some civilizations, such as in both Atlantis and Mu, had the tongues of their temple dancers removed so they could not speak, because it was claimed their voices would defile the purity of the temple.

"All mankind has ever made much suffering on account of their religion. It would seem that the worshippers of a great and loving deity

would be less inclined to torture their fellow men than would the so-called devil-worshippers. Is that not strange? You will find however, that such is the case all through the history of man. At one time men believed that evil forces were in inanimate things and would attack them, whereas, in fact, the person automatically, subconsciously, struck or came in contact with an object and injured himself. He would turn and assault this object, or flee from it in the belief that it had tried to attack him, that there was an evil spirit in these things. Now a wise man came out of that age when one of those people stopped to think, to reason. Today you have many books dealing with the subject of reason -- with the power of reason.

BIRTH OF THE PRIESTHOODS

"To go back. This man stopped and looked and saw the rock or the tree did not strike out so he approached the tree or rock quietly, and looking around to see that no one was watching, he very cautiously kicked the rock, and also the tree, to see what they would do about it. He discovered they did nothing about it! Instead of running and spreading the news, he did what many do today with a new and vital discovery, he used it to put others in bondage and profit from their ignorance. Out of that sprang your churches and great temples, built by the blood, bone, sweat, tears and agonies of the great population of every great civilization.

"Someone today, I think, should write a long book called 'How Stupid Can the Human Race Get?' But taking it seriously, my friends, taking it seriously; how else can man learn except by strife, suffering, pain, by agony and by loss of physical life.

"Loss? I see one side of the veil and you see another. Each of us sees a little piece of the endless stick. Which is more alive? You say, 'Our side is.' That is a difficult question to answer. It depends so largely upon each of us and upon our ability to observe clearly, closely. But then again you may ask, 'What is clearly? What is closely?' How close must we get to a thing before we can see its reality? It is like looking into a bottomless pit."

"Lao Tse, can you tell us how to approach Reality?"

"To a great extent it is through meditation which is very similar to the present trance condition in which I hold this boy. One turns his consciousness inward, so that the impulse is turned in upon itself. There may or may not be any of what you would call a state of conscious awareness. It may be for a time the personal awareness is lost and another uses your body to speak through, or the individual awareness may never be lost and you consciously approach reality.

"Words are fruitless. They cannot adequately express a true picture of the mind. Now, when you are in what you call a light state of trance you are projecting or reaching out into the great Consciousness you call Space and learning that which you seek to know. You may not be consciously aware of being any place, because in reality there is no such thing as 'place'. All that is is right here. The seemingness of space

is the impulse of your desire for knowledge, of your consciousness expanding its awareness so that it leaves the three-dimensional world with the feeling of traveling, or moving. It is impossible to conceive of anything outside of Time and Space, because comprehension is limited. The moment you reach beyond those limits you are lost. But it is of the very essence of thinking that man should be striving for expansion of his conscious awareness. When we say that man has a limitation we mean mankind in general, but we are taking a great and flexible field because there are some who have so raised their sense of awareness that there is no comparison between those individuals and the average man who has made no effort to awaken beyond his animal desires. So limitation is relative to the state of awareness of the individual and not to mankind as a whole, in the body or out of the body.

ORTHODOX CHRISTIANITY

"Many assume that because an individual has passed out of the body he is in some manner different, that he is changed for the better, has become infinitely wiser -- or for the worse and become infinitely more stupid. In other words, according to your Christian religion, he has either gone to an extremely warm place called hell, or a nice cool place called heaven. This is senseless and childish, but is all right for those who have not evolved enough to believe otherwise. Now, an idea has been expounded in the field of occultism -- and there are many schools of occultism -- to the effect that man, shedding his physical body, enters his astral body, then disrobes himself of that body and so travels on his way to a great heaven of peace until such time as he desires to return to the physical plane. It is my opinion that this is not so, and also the opinion of all of us in this Inner Circle.

"You are all entitled to your own opinion in the matter, but I would like to explain ours at this time. When a person passes out of the physical-chemical body does nature allow it to move around in space where it can be galvanized into action which might bring distress to others? It is taught and practiced in some parts of the earth that such things can be done, as voodoo in Africa and parts of the South Pacific, or zombies. However, these people have not passed through the experience of death. They are under the influence of hypnotic drugs. Why should nature change its methods in other planes and leave cast off bodies floating around in space? These seeming bodies, astral shells, are thought-forms, the thought forms of others on the astral plane. It is not difficult to produce these thought-forms once we learn the art.

"This does not deny reincarnation, but when the individual is ready for re-embodiment on one plane or another, and it is not only on the physical plane that one re-embodies; however, when they are ready for re-embodiment they are ready because of their desire to do so. And why do they desire to re-embodiment? It is because they have left something unfinished. There is a desire to complete an act. So when this desire grows great enough the body the spirit is in starts to shrink until all the energy that goes to make up that body has concentrated to a point of light-energy of terrific power. This is the seed atom. When that seed atom is getting ready to enter into the physical-chemical world it has already chosen the mother, because it must find its own proper environment in order to carry out its desire. That is all that it is aware of

at the moment. Its desire has reached a point of such tremendous power that it is like a deep hypnotic attraction which seems to act automatically. Having chosen the mother, during the time of conception it starts to build what we shall call thought-stresses, and it is to these thought-stresses that the matter that goes to make up the physical body clings or attaches itself.

THE LAW OF COMPENSATION

"Now this is what takes place when an individual has committed a crime in a former life. If that individual has caused another to suffer great pain, great agony -- like the removal of a person's arm, or digging out of the eyes, or some other horrible thing of that kind -- it will be found that this incoming entity cannot produce a stress for an arm, or eyes.

"Many people leave the physical world in a particular state of awareness or consciousness, such as a sadistic or masochistic tendency. They desire to suffer for some odd or strange reason, but are afraid to suffer, so they bring suffering upon another and gratify their feelings by watching the suffering of another. This is then impressed upon the seed atom so that he cannot create a stress for that particular part of his body.

"Karma, as you know, means cause and effect. Should I say that a condition is brought about because a person did a certain thing in this life, such as I have just been talking about? Should I say this is the only cause, the only reason, I should not be talking sense.

"Man has so many varied states of consciousness in which he makes causes and effects all the time that it cannot be the right thing for any of us to say that such and such a thing is the cause or effect of another thing. We assume, we believe and feel that such is the case, but actually we do not know. We can assume that an individual brought infantile paralysis upon himself, but how can man on any plane do more than assume, because all life is in such a constant state of change that he can at no time say 'now'.

"When is 'now'? Yet it is in that instant now that cause and effect take place. So all we can say is, govern your emotions so they do not run away with you. Use your desires for kind acts and deeds. Do not fill your bodies with too much or too many poisons; which you can do through improper eating and in many other ways; and you will find by so doing that you are living in wisdom; you are living in paradise.

so
"Any of you who wish to do/will find within yourselves potentialities far beyond your fondest dreams. This lady who is permitting us to use her life force to aid us in this contact will in time also become a very fine sensitive. (Lao Tse was here apparently referring to Mrs. Probert.) Everyone has this latent ability within himself. Please reverence this power and handle it with care.

"And now I will say farewell, as there is another of our group who wishes to speak with you."

NEW CONTROL, PROFESSOR LUNTZ

"Friends, I have come in at this time not to do a lot of talking, but to pick up some of the tail ends of things; and I want to say that all of us of the Inner Circle are extremely pleased with your interest; and we do hope that you will carry on with it; and at another time I have a few things to talk about that you may find of interest.

"The work for which we have trained the boy has its faults and we realize it, and if you see faults that you do not like and which you think should be corrected, I shall be only too glad to make the correction.

"You wonder why we call Mark 'the boy'? It is because we are so very far beyond him in years and experience, and because we love him very dearly as a person, and as our dear instrument without whom we could not communicate with you. We could not reach your plane or consciousness unless he consented to lend himself to us. However, if you think we should call him a man -- what is a man? A man is a male woman, and a woman is a female man. For we carry parts of both sexes within us; for, strangely enough, this I, this soul seed, in reality is neither male nor female. In past ages man made many experiments in coming into this world. Once he came as male and female in one body, androgynous, and then came the separation; and ever since then man has been seeking to find the other half of himself; and the other half has independently kept him seeking by showing herself quite plainly. We have the positive and negative in life and these must come together in order to work in harmony. That is why men and women find themselves quite dissatisfied with life until they meet in harmony. That feeling is what is called love.

"And what is love? Love is a complete blending of understanding between the two. It has nothing to do with passion."

* * *

LAO TSE



As seen psychically
and painted by Mark
Probert.

ARAKASHI IS NOW IN CONTROL: ".... You were asking the Control who just left, his name for sake of your record. Many of us here do not feel that it is necessary or useful to give our names. Names have nothing to do with what is said. You see, too often so and so is quoted, and too often misquoted, and this brings a great deal of confusion which has to be straightened out. So we feel that until we become very clear and rational in our conversation we would rather save face by keeping our names to ourselves. Now, Dr. C., you were speaking of your American friend coming back to talk to you about organic diseases - yes? You mean, diseases of the organs - yes?"

"Where the cells have definitely taken on a changed condition." Said Dr. C.

"Do you suppose it could be changes of the vibration of the chemical substances which make up the cells? said Arakashi.

"I should think that might be reasonable. Can the cells be changed back?" asked Dr. C.

"Yes, they can, because to get back to the theory of the mind, it was the mind that changed the cells."

"When the organ wastes away the space is vacant; we call that an organic lesion" said Dr. C.

"So it is, I may say - apparently vacant. To the physical way of looking at it, which is true - and to men of the medical world it seems logical to suppose that is the end. That there is nothing more there. Nevertheless all that has disappeared is the physical construct, the astral construct is still there, and it was out of this that the physical was made. The former is controlled by the mind, and it controls the physical. Your Master Christ is said to have raised the dead, healed the blind, cured lepers. I am sure in leprosy, Doctor, that the organic condition of the body must be pretty well gone eh?"

"Yes," said Dr. C.

"Then either the bible is lying and your Master Christ was given credit for more than he actually did, or there's some truth about the mind - do you not suppose so?"

"Under the conditions named," said Dr. C, "is it possible for the human being to succeed in that same type of cure?"

"I am almost certain, Doctor, that that sort of thing has been done; in fact, it was not many weeks ago that we had occasion to somewhat attack Christian Science in their theory, but you see, it is not Christian Science or the teachings of the C.S. as C.S. that cures the individual, but that one who is cured, has, in some manner been able to arrange his thought patterns so that they act as a curative on the body. Had he had faith in any other teachings, he would have received the same results. So the curing does not lie in the one who is performing

"the art of healing," continued ARAKASHI, "but it lies in the suggestibility of the mind of the patient."

"Could the so-called phenomena of hypnosis enter here in order to help that patient?" asked Dr. C.

"Yes, it can; almost any of your known illnesses, with repeated doses of hypnosis- rhymes, doesn't it - can be eventually cured. The mind, to begin with, like your good Professor Luntz says, constructed itself by thought, projecting into time and space etheric constructs or molds - those molds are highly sensitive and are controlled by the physical mind of the individual, but they can be made to vibrate to the mind of another individual through suggestion. Do I make myself clear, Dr.? You know, I do not think I have said sufficient, at least not so that you may be able to present it to other doctors of a more orthodox way of thinking."

"Unfortunately, the medical profession would be the last to accept it" said Dr. C.

"Yes. Now, we say in organic diseases the cellular structure has been destroyed; but - how about when death, so-called, takes place? The entire body is destroyed - but there must be something left - otherwise, I could not now be talking - so, a little of it can be destroyed, but that 'little' is still there."

"But in the so-called instant healing," asked M.L., "the problem of the healing profession is to discover the basic principles of these healings so that they can be practiced without prayers, rituals, etc. I agree also, but - no matter what I may say, or any of us may say, either from this side or from your side about the matter, there will still only be a few who will be able to comprehend such activity of the mind as I have spoken of - so how am I going to be able to go further?"

"Is not our modern psychosomatics an opening wedge?" asked J.

"Indeed, it is the largest wedge you have, and through it, the entire situation will be more clearly understood -- I highly approve of it."

"In passing from earth to your present condition, we have the mental habit of dissociating the physical self entirely from the self that we expect to live on -- is that a wrong conception?" asked Dr.C.

"That depends -- perhaps I do not quite understand your question?"

"Your statement of the 'something' that was left over from your earth existence and which made possible your present existence -- that 'something' we can not recognize as anything of a physical nature..."

"This morning, I stood over the shoulder of the boy while he was trying to compose a letter to a man - what I am trying to get at is this: the same thing he was trying to get at - words that you use - sounds that are supposed to explain what is going on in your mind

that you call 'thought'" continued ARAKASHI, "it is the most difficult thing there has been in all languages, and all down through history, for man to carry on a conversation with his fellowman by the use of words."

"Would not our semantics help?" asked H.F.

"Yes, but you see, if true contact could be made in a continuous flow between minds, we would all of us, understand each other and better, because the mind does not think in words, it thinks in pictures"

"It is difficult for us to understand how you can convey abstract ideas, for example by picture; how would you convey a mathematical theory - or ideas of faith, hope and charity - or 'honesty is the best policy,' by pictures?" asked M.L.

"The only trouble is with making a statement like that, or agreeing with what you say, that it is a different kind of thinking than you suppose. It may sound like I am trying to side-step the issue. Like your friend Thorn, who seems to want a more concrete explanation - but how are you going to get a concrete from an abstract? But when you get down to the truth of it, it is out of the abstract that all concrete things have come. So it is much easier to carry on and convey an abstract thought than it is a concrete thought, if you wish to know."

"Does that cover my recent question?" asked Dr. C.

"Yes. You see, when you project an abstract thought, you project with it, an emotion -- it is a peculiar type of emotion -- this is without exception -- even when conveying a mathematical principle."

"You mean an emotion is attached to the question?" asked M. L.

"Emotion is attached to it, but in that case, one of indifference, not one of warmth, but one of -- again, my words - you see? All things carry a tone of emotion - but how to express that?"

"Is it an emotion that is inconceivable to the human being here?"

"It would not be inconceivable if it could be worded"

"In raising the question of mathematics, it does not appear to carry any emotional tone at all." said M.L.

"You want to remember something - that numbers are universal, and a more or less stationary law."

"Then in the case of 'a number of apples,' the representative for the 'thought picture' is the apples?" asked Dr. C.

"Yes; however, I feel that I am not arriving anyplace, sir."

"On the contrary, it makes us place a definite limitation on our own conception; Are we capable of developing to where the explanation would appeal to us, or must we wait until we get over to the 'other side'?" asked Dr. C.

"No," said ARAKASHI, "you can understand and be able to appreciate to the fullest such thinking right as you are now, providing it can be worked out mathematically."

"It is a point of real importance - if that type of thinking can be reached by us, it is of very great importance" said M.L.

"Is it because we have to get over a certain amount of ultra-analytical thinking?" asked Dr. C.

"You see, now let us come to a point. You, lady, say 'It makes sense to me, but I cannot explain how or why.' Why? Going back to another question - your minds have reached a certain level; the same way with the boy here in trance, out of trance; until the mind has reached a certain level which it, itself, cannot explain, it cannot function, it cannot grasp, it cannot understand. Not that it is impossible for it to understand at a future time, but if a thing is explained more fully, or picture painted more clearly - that is really what is necessary."

"Is there a possibility of there being an approach to this state of mind which would be termed wishful thinking, and a little different from the actual automatism?" asked Dr. D.

"Wishful thinking - a philosophical statement and a philosophical answer - the answer being - 'what is wishful thinking, and what - just why does the mind go through such a process that you call 'wishful thinking,'? Is not all thinking wishful? The very fact that you come into this life was a wishful thought."

"To go back to the mathematics or philosophy - is any wish connected with it?" asked M.L.

"Some kind of wish which led you to make the statement in the first place - is that what is meant?Excuse me a moment, please.

TEMPLE DANCER controls the boy's body. Dance somewhat different, yet similar to previous dancers - but spoke Polynesian language, then English:

"You know Unihipili? You have man who write book? In book he say man have 2-3 selves -- he say in death, sometimes low self get separated from high self -- that not right."

"Speak about that matter - what about the servient spirits?" asked Meade Layne.

"These are thought-forms."

"What about sending spirits for death prayers, etc." asked Q.

"This is misunderstood interpretation of white man."

"But the Kahunas understood them to be servient spirits..." said M.L.

"Yes," said the DANCER "but the big white man - what you call priest - teacher - He understands it is thought-form. He teach people it is spirit - this is form of keeping control of people. Teaching of all religions to priests is to keep control of people by certain amount of fear."

"The Kahunas then, understood that they were dealing with thought-forms only?" asked M.L.

"Yes, but it is put down in books, is spirit."

"When the Kahunas sent the death prayer - was that accomplished by thought forms, rather than by servient spirits?"

"Yes; could be accomplished much better by thought form than by spirit, because spirit of man could not be so used by force. Thought, energy, can be solidified to an extent where it goes into a physical body and what you call - boom! (explosion) But not spirit - no."

"Are you one of the Kahunas?" asked M. L.

"I am. My teachers, my masters now say I come and talk a little while with you - make more clear teachings."

"We are very grateful for every item of information about your healing practices. Would you like to speak to us about the way in which you accomplished instant healing?"

"Is the same way as the mastery of fire-walking, extended to someone who even do not believe that such can be done. It is the giving of different energized forces to another - it is imparting of mind substance that is clean, that is good."

"If you, yourself, were to heal a broken ankle, would you form a mental image of a perfect ankle?"

"Yes."

"What more would you do?"

"In forming in mind a perfect bone, you are making a pattern - a good one - you are changing the broken mold for a complete mold."

"Into this mold, you draw particles of dense matter by your will?"

"Yes, by the will, by the power of the mind - or the same thing takes place with cells of the body - which changes the vibratory rate."

"Is this essentially the same thing as takes place in our so-called miraculous healing?"

"Yes, it is the same thing."

"Is that what Jesus used?" asked Dr. C.

"You people of white races," continued DANCER, "you do not have the faith of which we did - you are, your teacher Jesus said, unless you become like little children, you shall not enter the kingdom of heaven. All that is meant was to so fix your mind so that you can receive understanding. I wish I could speak more plainly."

"We are trying to use this healing art - what is the best step to that understanding?" asked Mr. M.L.

"We would also like your opinion, since the question was raised by several readers of Mr. Long's book, of using this means of gaining material things." Said K.T.

"All things that the mind feels is for its use and your physical world is good. So much has been taught of the evils of exchange in your money. There is no evil in money - there is only evil in its use; it is the same as black and white magic, there is no evil or good in either if it is not used in the proper manner, or if it is used in the proper manner only. Believe, please believe me, peoples, thought is substance; In a country long way from here is natives in bush that have thing that they throw - you call boomerang - it will come back and kill you - your thought, because it is energized substance, is the same. The thing that I came to speak about, though, was for you to please to explain to white man that write book, than man, on earth, does not separate himself into many pieces like exploding snake."

"His conception of different entities really was only as different levels of consciousness....." said Miss J.

"Yes, or you might say again, it is the same thing - different ways of thinking."

"Is it right to invoke the Aumakua in acts of worship?"

"Aumakua is great man, great lord, great mind of protector of body."

"Before the power can flow to Uthane must the channels of Unihipili be cleared?" asked M.L.

"Yes, must be cleared to no thinking of yourself, no should have done, this or that."

"You mean clearing of guilt complexes?"

"Yes."

"These complexes must be cleared before the power can descend?"

"Yes, or else you have a block of which there is no getting through. Please to tell man our peoples are very, very happy to him for he bring back all the teachings of our people to the present peoples. The white man is very high in mind and can understand and have to work different law of our teachings. Much better have this present generation than any generation which ever was here."

"That is very encouraging. Can you say any word as to the time or place of Huna origin?" asked M.L.

"I please to go and find out if I can talk some more. (Departs briefly, then returns - speaks first in Polynesian language, then in English): Aloha -- From my people, they say to me, go, my son, and explain our work; go, explain to white peoples, from whence we come. Out of the great space from which all humanity manifested themselves into this physical world, there are great teachings. They brought their teachings into this physical plane of substance, in order to keep an open door to the day when we here must all go back."

"In what country did they first start practicing this teaching?" asked Irene Probert.

"From out of what today you call the Hawaiian Islands," continued the Kahuna. "Many, many centuries ago, after tremendous, tremendous eruptions and quakes that swept the earth, came the many small islands now to be found in the south Pacific. Life on this earth plane to begin with, was a spontaneous action - man did not at first work through what you call a biological process, but it was some time later that he used this method to enter into the earth."

"It is believed among our scholars that the Kahuna teachings originated somewhere in the region north of India. It existed among the tribes in north Africa." said M.L.

"These teachings, or at least parts of them, are held as truth, in all of the great teachings of the life of mankind, and you can see why - because man comes from out of one place -- all man -- space."

"Then the true birthplace was in the islands of the Pacific?"

"Of the Kahunas, yes; but you see, I say some kind of thing to be found in all life, all teachings -- just a different way of approaching it. You take - you have right here before me now, a very fine Chinese man as Lo Sun Yat, as you have too, Lao Tse; They will tell you of similar teachings from their people. In a long ago, Lo Sun Yat tell you of up in his country, they have freeze wet blanket around themselves, and make dry - same force is mind from body - same force is foots on fire. The big mistake man makes is believing that he alone, his race, his group, is the only one that has the knowledge of life and the great path to the glorious Aumakua -- it is wrong. Now do I make things plain to you, doctor?"

"Yes, indeed, you have answered our question in a way new to us and we are grateful. Have you been long on the 'other side'?" asked ML

(Control speaks to another on his side in foreign language, then in English): "Seven hundred, and five hundred -- what is that?"

"Twelve hundred years; from the Hawaiian group if Islands?" said Meade Layne.

"Yes."

"Was the great magic known to you in those days?" asked M.L.

"Known long before that time too;" said Kahuna, "only thing is bad, white man come to islands, teach of white God, tell Kahuna man he have devils in him - him have no power, him have to rely on white man's God -- or that Kahuna is evil, therefore he needs to die and be forgiven, but cannot be forgiven unless great white man's Christ give blood to forgive him; So Kahuna teachers put away teachings, hide from white man, and slowly teachings die from eye of white man, but still here. Believe me, your peoples owe much to man who writes book."

"He is our good friend, and he will be overjoyed to have your words repeated to him." said M.L.

CONTROLS CHANGED -- YADA DI SHI'ITE TAKES OVER THE CONTROL.

Yada, first speaking in the ancient YU language, and then changing to English:

"Friends, the body is the temple of the Living God; when you abuse it, you are abusing God. There is much I wish to say in this respect. Some of it I may say now, but most at another time.

"Man is supposed to live in the physical body not less than 250 years, and I was shocked recently to learn that man boasts that he has been able to bring his life-span up to 65 years as an average. The reason is one thing: tension. Tension brings the need for sedatives to relieve it; and tension ends in physical death.

"Now, sir, I wish to speak of the Kahuna and the Kahuna's magic. I do not speak the Polynesian language, and I am not what you would call a Kahuna -- and yet I am, and you will be too if you strive to be of service, which is the highest attribute that man can have."

"I brought this up because we feel that it is of great importance to mankind, and a few things need to be clarified on healing, the use of mana or vital force." said M. L.

"I am going to say something that may sound strange to some of you. There is only one force in the world: This is what is called the Kundalini -- or in your English language, it is called the sex force. Now, why is celibacy taught to the priests, the monks of almost all orders? In order to conserve this universal or cosmic energy. With the proper exercises, this energy can be brought up from the generative organs to the brain, and there it can be directed to act in any capacity the mind wishes. Because it is the substance out of which all life takes form or manifestation.

"Kahuna -- it is not Kahuna teachings he is looking for -- this man, Max Long; he is looking for life teachings, that exist in all mankind. Only, in the savages, in some of the savage races, it has not been destroyed by the Christian missionaries. They know how to use this force. But they are called 'savages,' and no one pays much attention to them except the thinking individual.

"Now, this thing called the AKA cord," continued YADA, "KA is God; A is also a symbol for Spirit or Force, and it consists of the creative or Kundalini energy."

"Mr. Long also asks this: 'If we have the KA as the shadowy body in Egypt, we might add an 'A' and have AKA to check with Huna;-- is that possible?" asked M. L.

"It is, sir, yes. But this 'shadowy body' is the creative force. It is the covering or the stifling of this force that is called by your psychiatrists the 'sub' and 'super' conscious. This force can be brought up and directed, not only to hands and feet, but it can be used as an insulator against heat or cold."

"Must the chakras be awakened in any special order?" asked M.L.

"No, if one knows how, one can effect the bringing up of this force in a fraction of time. It will flow through all the chakras, but at a great speed. In the beginning, one steps it up, one chakra at a time; because allowing it to flow up through the chakras of the spine to the brain too rapidly might cause insanity and possibly death. When this force is brought up to the brain, we have what is called in your English terms a climax through the head. To those of you who do not understand this -- I will endeavour, if you wish, to go into it in more detail and slower, because it is of the utmost importance. Do you know what you are all striving for? To attain what is called 'perfect bliss.'"

"Not consciously though?" said M.L.

"Consciously, sir. If we went into the matter of consciousness, we would be talking right through tomorrow and perhaps the next day. Consciousness - man is eternally conscious - but when you say 'consciousness' you mean external consciousness, or what you labor under the illusion of - outer consciousness. This is decidedly not true. There is no outer consciousness. Consciousness and time are the same -- and space, and all things, and causation. You are the cause and the effect. By your using of the creative force, you produce, slowly or rapidly, all that you desire."

"But sometimes not in one lifetime?" asked HPF.

"Sometimes not in one lifetime -- depending upon your ability to handle the life force. You strive to express, but you have been taught that expression lies only and always on the outside. You are looking to have this I-consciousness stimulated from some outer activity. You are laboring under a false impression; you have been brought up under that. Your Christian church knew all these things in the beginning, but in order to keep the people in bondage to the priests, the rational thing was to keep them in ignorance. There is a saying that the ancients knew, and which some of you have heard many times. In English, it is 'I AM THAT I AM' -- 'OM-TAT-SAT-OM'.

"My friends, the greatest and most important of all things to study is the study of life. It is yours. There is nothing 'good'

or 'evil,' dirty or clean," continued YADA, "That is in your mind. When you come to the understanding that the substance you call filthy also goes to make up the beautiful rose that you press against your mouth, then you will realize how great is life. Once we said, as you may remember, that as you watch a body out of which the life force has gone, you see decay and smell a stench. We do not see that, or smell that. All that we see is change -- a group of chemicals going through change. And that is all that life is: constant, everlasting, personal change."

"Don't we get anything that remains out of this change?" asked ER.

"Oh, yes - it is out of this change that you learn. But when you learn to go within by the use of the kundalini force, by proper breathing, by proper postures, then you know what the changes are that you see about you and you do not become disturbed. You become detached.

"We realize how difficult this is for the Westerner; because the Western mind has been trained to concentrate on the outer, the material world. And it is in this illusionary state that you put attachment to everything that you do. Now, what does attachment do? It creates stresses in the body that create illness and shorten your life.

"Now, I do not think for a moment that you will change your conditions until you make a start. As long as you labor under the hypnotic belief that you cannot become detached, you cannot. But now is the time when this condition must take place! Because things are coming to the earth that - if one does not know what they are - will cause extreme panic. And perhaps some of you who learn may be able to help others.

"This force can be brought up to the heart center and then sent out to be of aid and benefit to those at a great distance. This is the 'shadowy body' in action. This is the KA of life.

"Those Egyptian designs which Mr. Max Long asks about, with arms up through the head, represent the energy, the Kundalini Force reaching out into the Cosmic Mind, going out to aid its fellowman, from the central sun of the individual. I am indeed glad that you are interested in this, because it is of importance to you. If you would aid your fellowman, learn to bring up this Kundalini Force and send it out through the heart, instead of too much waiting of it through the generative centers. It has been said of all the Great Teachers that they were dynamic -- that, if they were males, all the females flocked to them without knowing why; and if they were females they attracted to themselves devoted males. They were sending out the honey of life, and the bees, all unknowing, came.

"This is the one thing that all Teachers have to contend with - your Master Christ Krishna, all the others. Even today there are many Teachers who walk your streets, and the ignorant, the vicious, and the ones who want to live their physical life without thought of others, like to accuse these Great Ones of sexual perversions. In your country and in many others there have been atrocious crimes committed by what you call sexual perverts. Friends, those who commit such crimes come under two classes: those obsessed by discarnate entities; and those who may have actual deterioration of the brain cells - brought about by misuse of the Kundalini Force.....

"Friends," continued YADA, "you have within you a great and glorious power -- holy energy! Use it to create; use it to become dynamic; use it in mystical ways, such as projecting it to make well your brother at a distance or near you. Use it to protect yourself against outer harm! Now I must go. Good evening."

AT A LATER SEANCE, YADA SPEAKING:

"Good evening, my friends. We of the 'Inner Circle' bring our love to you always when we come before you who are still in the body; we come with love and hope that we will have understanding between us; that we will talk with reason and not allow the emotions to come between us. Always remember this -- if you have an idea and you really believe in it, your idea is true. Truth! Who can say what truth is? Who has truth?

"Many, many do not believe, they say, in the continuity of life. Many others say they do, but they have been taught that they have to wait for the Resurrection, that they go to sleep for awhile, and then are called up again. Others believe that they enter into a heaven state; that they are with a Being called 'God,' and that they sit on his right hand, and they are his 'chosen people.' Others believe that, with much study, and much effort, they can enter into what is called a state of bliss and have no further contact with the physical world. Some believe that to make such contacts as this is an evil, and that what are called 'mediums' and 'sensitives' are witches. It was not too long ago in the history of the world that they burned people who attempted contact with what is called by some 'the other side.' Now in your present time you believe in what is called 'tolerance,' especially in your country. You are a democratic country; therefore you allow people to do what they wish as long as they do not break the laws of the land.

"Now, to go back to the religious beliefs: all of them are true if that is what the individual believes. You know, it is most difficult to talk to large groups of people, because they have all been brought up in different ways and taught different things, and many are set in their beliefs -- so, if we do not choose our words carefully, we are likely to cause ill-feeling, creating an evil instead of good.

"Why is man here on this Earth-plane? What is he looking for? Where is he going when he leaves it? Or should I stop and ask you now what I am? Yada di Shi'Ite - a title, not a name - and yet it is a tag as much as a name. How did I come here, you ask? I have to operate this boy's body just as you operate your own.

"My friends, Man is not matter, he is mind. What are you doing on this Earth-plane? You have come to learn. What have you come to learn? You have come to learn the way back to your original home -- Self. How else can it be? Man became lost when he entered into the physical-chemical world. How did he become lost? Because he committed a sin? No! His only sin was in allowing himself to fall into the spell, the hypnotic spell of the physical-chemical body. Desire -- through the desire body, the glitter, the fascination, Men went deeper and deeper into matter until he lost the consciousness, the awareness of his true identity. Now, do you think you can regain this by calling a God that is many hundreds, thousands, millions of miles away from you?

"Do you think you can regain it by entering into your massive temples and bowing and listening to your priests?" asked YADA. "Once a week you have what you call 'Sunday.' There is much about Sunday that I am afraid many of you do not know. You have been taught in the Christian churches that your Master Christ is going to take your blunders, your mistakes, what you call your 'sins' upon his shoulders and therefore give you a free passage. Nice, eh? A free passage. All you have to do is go to your churches and ask the priest, 'Father, intercede for me and get forgiveness!' And he will turn and say, 'Father, forgive this man, for he did not mean to do what he did.' And then you go out and do the same thing again.

"Vicarious atonement! The Christ takes the penalty for your mistakes! Friends, you cannot do this. You have a mind and a brain; you know what is right and what is wrong - though for what is wrong for one man may not be wrong for another. Man is not born of sin; he is born of love. And it is only through this beautiful, wonderful Law of Love that all life operates. It is in and through everything, down to the smallest what you call atom.

"We of the 'Inner Circle' have often been accused of being non-believers, heathens. Is the Law of Love a heathen worship? I do not know what to say beyond that. Pray! Prayer is a most wonderful way to make contact with your wonderful Self. You are God! For too long has man been afraid to say this. By your conscious acts you live; and you are and must be eternally acting.

"Now, we do not claim to be gods, we do not claim to know everything. If we did, we can assure you that we would not be using this boy's body to talk through. We are also in the process of getting an understanding of the inner workings of life. We have no desire to destroy your dreams; we want only to wake you up so that your dreams will be more comprehensive.

"Man desired to come into what you call the physical-chemical world. Had he not desired to do so, he would not have come. It is only through the law of desire that all things come into manifestation. It is not wrong to desire; but be careful what you desire, for truly you will get it.

"Now, I would like to be quiet and listen to you speak."

"Why does man desire to come into this Earth-plane for expression?" asked M.N.

"Back in what I shall for the moment call the long-ago (words are most difficult things for adequately expressing what goes on in our minds), however, sir, in the long-ago, before this little globe on which you live - or feel that you do - existed, man lived a subjective life, a wonderful life. But certain of these people, I will say, in that subjective world had a need - not a desire necessarily at first - but a need of what might be called an expansion of consciousness. Now, there is not enough time this evening to go into that thought in detail - but needed a change - and man then was not different from man now. Nothing is to be gained by existing in one condition. Your Christian Bible tells of Adam and Eve existing in 'Paradise,' -- But if everything was perfect, why did these two do something that caused them to be pushed out of Paradise into what they must have considered hell? If it is entirely perfect, it must have attained the state of the absolute. Man is forever in action.

He may attain what is called a state of perfectness, but he is not going to stay there--because he is not complete yet. . . ."

